



SLEEPING GIANT *LOPPET*

THUNDER BAY • ONTARIO • CANADA

[Formerly the Sibley Ski Tour]

March 7, 2009

www.sleepinggiantloppet.ca

Ski the Giant

Results Book



Half-Way Motors Salutes You!



Half-Way Motors Nissan salutes the hard-working volunteers and the over 700 participants who made this year's Sleeping Giant Loppet a huge success. It was a great ride to be part of and we look forward to seeing you again next year.
Have an enjoyable summer!



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Message from the Tour Coordinator

A Year for Changes

by Peter Gallagher
Sleeping Giant Loppet Event Coordinator

Change was certainly the dominant theme for this year's event. I would really like to thank the skiing community and our volunteers for being so supportive of our efforts to try some new ideas.

The event name change certainly caught people's attention. Because the name of the park had changed many years ago we felt it was only appropriate to follow suit. As well, the City of Thunder Bay has launched a tourism campaign to capitalize on the Sleeping Giant as the icon that best represents our city. The word loppet also drew many questions. We had lots of fun explaining the international concept of a loppet as a mass participation celebration of cross-country skiing. The word best describes what we are trying to accomplish.

The new 35km event and the 50km Classic were very well received. We learned from these first efforts how we can make them even better for next year. I anticipate that next year we will have to limit the number of 35km participants. In fact some of this year's skiers have suggested, only slightly tongue in cheek, that they should have first right of refusal. So, sign up early for next year's 35km.

Offering prize money in the 50km Free event was also a significant change that attracted

competitors that we might not see otherwise. We must thank our presenting sponsor, Half Way Motors Nissan, for stepping forward to fund the prize money. Presenting the awards at the venue also worked well and ensured that our champions received well deserved recognition.

It is difficult to say thank you enough times to everyone whose contribution leads to the success of the event. A special thanks is extended to the staff at Sleeping Giant Provincial Park, the members of the Organizing Committee who are listed amongst the volunteers, and naturally Peter Crooks whose effort through the night before the event resulted in trails that were groomed to perfection.

Our goal is still to reach the magical 1000 skiers plateau.

We have few new ideas up our sleeve to help us accomplish that but word of mouth is still the best form of promotion. We are counting on you to encourage new skiers to participate next year.



Peter Gallagher



Thank You to the 2009 Volunteers

Organizing Committee

Peter Gallagher -
Event Coordinator
Bob Coghlan - Operations
Thomas Quinn - Results
Emmanuelle Rousseau -
Kit Packing and Registration
Alison McMullen - Awards,
Vendor Coordination
Lorne Morrow - Special Projects
Jean E. Pendziwol -
Sponsorship and
Communications

Kit Packing

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Brock Minogue
Andrew Pedwysocki
Justin Cimini
Sharon Lovis
Spencer Lyon
Riley Vainionpaa
Olivia Olson
Pascale Baumann
Janelle Syring
Victoria Methot
Kimberly Butschler
Susan Chamut
Kaarina Osala-Schaaf
Evan Komosky
Debbie Komosky
Chloë O'Brian
Lorie Gregor

Kit Pick Up/Registration

Marie Nelson
Carol McCollum
Renee Golder
Liz Wieben
Rosanne Simeony

Kevin Gradner
Patty Derkson
Amy Kurlick
Janice Ryan
Alison McMullen
Flora Ozburn
George Ozburn
Reg Ozburn
Diane Ambro
Adrienne Hodder
Dave Hodder
Sue Cooley
Diane Syposz
Chad Mitchell
Paula Paleczny
Kim Magnu
Matthew Newby
Peter Lovis
Amy Kurlick
Jean E. Pendziwol
Ryan Pendziwol

Canadian Ski Patrol System Superior Zone

Ian Casey

St. John Ambulance

Race Set Up

John Bannister
Barry Laathimaa
Doug Pantry

Grooming

Peter Crooks

Snow Machine Operators

Dave Suttie
Ryan Allen
Richard Lindberg

Medical

Carine Gallagher
Brenda Bound
Lynn Thibault
Barb Morrison

50km Road Crossing

Wendell Panula
Cindy Surowow
Gary Wiwcharyk
Jan Wiwcharyk

Checkpoint #1

Erica Henderson
Jay Henderson
JoAnne Henderson
Jodi Martinson
Linda Belleau
Horman Holman
Rick Oldale
Simone Poling
Gary Tabor
Mark Cosgrove

Diane Knox
Jim McCart
John Guthrie

Checkpoint #2

Hilary Kaszor
Nicolette Kaszor
Sylvia Pedron
Elaine Niemi
Mary Louise Crooks

Checkpoint #3

Wayne Magill
Ron Delpino
Don Sutherland
Gerry Gormely
Linda Bradford
Norm Lavoie

Checkpoint #4

David Graba
Bill Bragg
Alex Mintenko
Dan Slomke

continued...

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2009 Volunteers Continued

Don Morrison
John Pedron

Checkpoint #5

Eric Lehtinen
Alex Demers
Leah Dougherty
Marina Masic

Checkpoint #6

Carol Ann Brumpton
Pat Harris
Eugene Kotyk
Beth Workman
Robert Workman

Park Road Crossing

Haakon Dagsvik
Ken Boegh

35km Starters

Tom Dawes
Roger Quirion

Bib Recorders

Liz Wieben
Karin McIntosh
Carol Allan

Announcing

Teuvo Nupponen
Jim Sidlar

Finish Line Refreshments

Dave Oja
Sue Chamut
Terry Oja
Audrey Oja

Post Race Cleanup

Phil Bode

Heather Foster
Angus Foster
Ferbos Foster
Dan Ek
Janet Primmer
David Ek
Nicholas Ek
Kiersten Ek
Rob Foster
Meghan Foster
Martin Kaiser
Patricia Johnson
Beatrice Kaiser
Theresa Fillmore
Katrina Fillmore
Grace Fillmore
Laura Foster
Eric Foster
Sadie White
Marina White
Peter White

Lakehead Amateur Radio Club

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Mark Vaillant
Karl Hamilton
Bill Unger
Norm Bell
Bob Hansen
Linda Bell
Maureen Meredith
Ed Baumann
Terry Stewardson
Fred Lesnick
Clarence Cotin
Rita Comuzzi
Chris Chadwick
Rob Van Wyck
Bettina Siebenmann
Leo Wehrstedt
Mathew Lesnick

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Ed Knutson
Maurice Gascoigne
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Larry Bortolon
Stan Nemeo
Art Costanzo
Gord Sisco
Paul Schihl
Don Plumridge
Angus MacDonald
Henry Kokovinski

Wax Clinic

Robin Crowley

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Lois Nuttall
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Linda Woycheshin

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Eugene Vandal
John Sims
Sam Niemi

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Lis Salmon
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Sue Wright
Tom Bishop
Hal Lightwood
Heather Kivi
Dan Kivi
Fred Dewsberry
Dona Ree
Damon Quinn
Gord Ryan

Sleeping Giant Provincial Park Volunteers

Al Comeau
Mary Ellen Ripley

continued...



Sleeping Giant

Provincial Park

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- * Groomed cross-country ski trails
- * Snowshoeing, wildlife viewing opportunities
- * Cozy cabin and conference centre rentals
- * Warm up in the Visitor Centre (Sat. & Sun. 10 a.m. - 4 p.m.)

Call the park at 977-2526 for more information.

For ski conditions visit
www.OntarioParks.com







2009 Volunteers

10 km Results

Lorne Price
 Kristian Jakobsen
 Emily Kerton
 Glenn Gorrie
 Kaitie Jakobsen
 Miranda Welsh
 Terri Jakobsen
 Dylan Jakobsen
 Sheldon Price

Photos used in
 this results book
 were supplied by:

**John Guthrie
 Lynn Strey
 Lois Nuttal
 Linda Woycheshin
 Jean E. Pendziwol**

for more great photos
 visit
www.sleepinggiantloppet.ca



PL	Name	City	Pr	Time	Division	Sex	Total	Div
1	Glen Gross	Hoyt Lakes	MN	23:47	M19-24	1/101	1/3	
2	Laura Holien	Britt	MN	24:18	F17-18	1/145	1/2	
3	Andrew Ekman	Gilbert	MN	26:25	M15-16	2/101	1/1	
4	Rachel Stoot	Thunder Bay	ON	26:39	F11-12	2/145	1/19	
5	Toby Quinn	Thunder Bay	ON	27:20	M09-10	3/101	1/18	
6	Audrey Summers	Grand Marais	MN	27:41	F11-12	3/145	2/19	
7	Robert McEwan	Thunder Bay	ON	28:09	M19-24	4/101	2/3	
8	Nathan Hay	Thunder Bay	ON	28:34	M09-10	5/101	2/18	
9	Emile Hamm	Thunder Bay	ON	28:47	M09-10	6/101	3/18	
10	Frederick Serrator	Thunder Bay	ON	29:35	M09-10	7/101	4/18	
11	Ellie Zavitz	Thunder Bay	ON	29:49	F35-39	4/145	1/14	
12	Joseph Pascuzzo	Thunder Bay	ON	30:13	M11-12	8/101	1/6	
13	Christopher Rauzi	Grand Marais	MN	30:25	M35-39	9/101	1/6	
14	Meghan Richards	Thunder Bay	ON	30:50	F25-29	5/145	1/10	
15	Kira Fry	Sault Ste Marie	ON	31:05	F19-24	6/145	1/8	
16	Kai Meekis	Thunder Bay	ON	31:53	M07-08	10/101	1/9	
17	Heidi Stewart	Thunder Bay	ON	32:06	F07-08	7/145	1/11	
18	Jay Stewart	Thunder Bay	ON	32:06	M40-44	11/101	1/9	
19	Tessa Schwar	Thunder Bay	ON	32:16	F07-08	8/145	2/11	
20	Donna Fry	Pass Lake	ON	32:48	F45-49	9/145	1/18	
21	Lindsey Hogan	Thunder Bay	ON	33:09	F25-29	10/145	2/10	
22	Rowan Humphrey Schott	Longbow Lake	ON	33:10	F11-12	11/145	3/19	
23	Katie Lockhart	Kenora	ON	33:10	F13-14	12/145	1/6	
24	Darrell Hay	Thunder Bay	ON	33:18	M40-44	12/101	2/9	
25	Matthew Ponka	Thunder Bay	ON	34:11	M13-14	13/101	1/1	
26	Winston Sheil	Thunder Bay	ON	34:36	M65-69	14/101	1/2	
27	Dairyan Hardy	Thunder Bay	ON	34:46	F11-12	13/145	4/19	
28	Denise Hardy	Thunder Bay	ON	34:49	F30-34	14/145	1/3	
29	Anna Johnson	Aurora	MN	35:42	F09-10	15/145	1/9	
30	Kristina Ekman	Gilbert	MN	35:44	F19-24	16/145	2/8	
31	Hannah Willms	Sioux Lookout	ON	36:20	F11-12	17/145	5/19	
32	Bryan Baxter	Aurora	MN	36:27	M25-29	15/101	1/2	
33	Kasia Anderson	Kaministiquia	ON	36:34	F25-29	18/145	3/10	
34	Barbara Kemeny	Kaministiquia	ON	36:34	F50-54	19/145	1/16	
35	Brittany Ofstad	Britt	MN	37:05	F17-18	20/145	2/2	
36	Laura Sajna	Thunder Bay	ON	37:40	F19-24	21/145	3/8	
37	Pete Summers	Grand Marais	MN	38:07	M09-10	16/101	5/18	
38	Mark Summers	Grand Marais	MN	38:09	M45-49	17/101	1/14	
39	Austin Burchat	Thunder Bay	ON	38:15	M07-08	18/101	2/9	
40	Marina White	Thunder Bay	ON	38:18	F09-10	22/145	2/9	
41	Anton Demetrakopou	Thunder Bay	ON	38:22	M09-10	19/101	6/18	
42	Iris Johnson	Thunder Bay	ON	38:25	F45-49	23/145	2/18	
43	Matthew Stewart	Thunder Bay	ON	38:33	M09-10	20/101	7/18	
44	Jim Stewart	Thunder Bay	ON	38:34	M45-49	21/101	2/14	
45	Keegan Tremblay	Thunder Bay	ON	38:34	M09-10	22/101	8/18	
46	Paula Tremblay	Thunder Bay	ON	38:35	F35-39	24/145	2/14	
47	Millie Kadolph	Thunder Bay	ON	38:52	F45-49	25/145	3/18	
48	Sarah Schroeder	Thunder Bay	ON	39:13	F19-24	26/145	4/8	
49	Patrick Price	Thunder Bay	ON	39:13	M25-29	23/101	2/2	
50	Anna Blando	Thunder Bay	ON	39:28	F19-24	27/145	5/8	
51	Jarek Tremblay	Thunder Bay	ON	39:38	M11-12	24/101	2/6	
52	Norm Lawrence	Sioux Lookout	ON	39:39	M50-54	25/101	1/7	
53	David Tuomisto	Thunder Bay	ON	40:37	M11-12	26/101	3/6	

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continued...



10 km Results Continued

PL	Name	City	Pr	Time	Division	Sex	Div	Total	PL	Name	City	Pr	Time	Division	Sex	Div	Total
54	Karl Tuomisto	Thunder Bay	ON	40:44	M45-49			27/101 3/14	84	John Baxter	Aurora	MN	44:40	M50-54			39/101 2/7
55	Karly Lockhart	Kenora	ON	40:46	F09-10			28/145 3/9	85	Anne-Marie McKittr	Thunder Bay	ON	44:48	F13-14			46/145 4/6
56	Nancy Berglund	Thunder Bay	ON	40:52	F25-29			29/145 4/10	86	Allan McKittrick	Thunder Bay	ON	44:49	M40-44			40/101 4/9
57	Ken Ponka	Thunder Bay	ON	40:57	M09-10			28/101 9/18	87	David Haavisto	Thunder Bay	ON	45:24	M50-54			41/101 3/7
58	Cheryl Hitchman	Thunder Bay	ON	41:04	F50-54			30/145 2/16	88	Andrew Freitag	Thunder Bay	ON	46:32	M09-10			42/101 11/18
59	Aric Duckert	Thunder Bay	ON	41:27	M07-08			29/101 3/9	89	Carolyn Freitag	Thunder Bay	ON	46:34	F45-49			47/145 5/18
60	Dan Duckert	Thunder Bay	ON	41:27	M45-49			30/101 4/14	90	Michael Hartford	Thunder Bay	ON	46:39	M11-12			43/101 6/6
61	J. Cameron O'Brien	Geraldton	ON	41:30	M40-44			31/101 3/9	91	Gavin Freitag	Thunder Bay	ON	46:43	M45-49			44/101 7/14
62	Megan Foster	Thunder Bay	ON	41:49	F13-14			31/145 2/6	92	Heikki Luoma	Thunder Bay	ON	46:52	M35-39			45/101 2/6
63	Adam Foster	Thunder Bay	ON	41:58	M11-12			32/101 4/6	93	Philip Betcherman	Thunder Bay	ON	47:26	M80-99			46/101 1/2
64	Shannon McKittrick	Thunder Bay	ON	41:58	F11-12			32/145 6/19	94	Bob Larson	Brainerd	MN	47:38	M60-64			47/101 1/7
65	Andrie Gedye	Nolalu	ON	42:09	F55-59			33/145 1/5	95	Erin McCubbin	Thunder Bay	ON	47:42	F09-10			48/145 5/9
66	Anne Ostrom	Thunder Bay	ON	42:21	F45-49			34/145 4/18	96	Nancy Schwerdt	Duluth	MN	48:05	F50-54			49/145 4/16
67	Heather Dean	St Anne	MB	42:32	F55-59			35/145 2/5	97	Pam Burke Ellison	Duluth	MN	48:07	F55-59			50/145 3/5
68	Mira Majerovich	Thunder Bay	ON	42:35	F40-44			36/145 1/12	98	John Salonen	Thunder Bay	ON	48:32	M60-64			48/101 2/7
69	Nicholas Randall	Thunder Bay	ON	42:40	M07-08			33/101 4/9	99	John Ayearst	Thunder Bay	ON	48:46	M55-59			49/101 1/2
70	Scott Lockhart	Kenora	ON	42:59	M45-49			34/101 5/14	100	Marshall Clark	Thunder Bay	ON	48:49	M09-10			50/101 12/18
71	Becky O'Brien	Cloquet	MN	43:15	F50-54			37/145 3/16	101	Alana Morrison	Sioux Lookout	ON	49:05	F35-39			51/145 4/14
72	Kiersten Ek	Thunder Bay	ON	43:19	F09-10			38/145 4/9	102	Emma Schlyter	Thunder Bay	ON	49:08	F09-10			52/145 6/9
73	Janet Ek	Thunder Bay	ON	43:20	F40-44			39/145 2/12	103	Aleksi Luoma	Thunder Bay	ON	49:24	M07-08			51/101 5/9
74	Cynthia Tuomisto	Thunder Bay	ON	43:42	F13-14			40/145 3/6	104	Julia Lovis	Thunder Bay	ON	49:47	F11-12			53/145 9/19
75	Katrina Niemi	Thunder Bay	ON	43:43	F35-39			41/145 3/14	105	Jeanne Larson	Brainerd	MN	49:51	F60-64			54/145 1/2
76	Katrina Fillmore	Thunder Bay	ON	43:48	F11-12			42/145 7/19	106	Patrice Poulin	Kaministiquia	ON	50:17	M09-10			52/101 13/18
77	Jennifer Lanteigne	Thunder Bay	ON	43:49	F25-29			43/145 5/10	107	Kate Adams	Thunder Bay	ON	50:18	F11-12			55/145 10/19
78	Menowaywin Vella-Garrick	Thunder Bay	ON	44:11	M11-12			35/101 5/6	108	Madeline Mesich	Sioux Lookout	ON	50:40	F11-12			56/145 11/19
79	Kely Baxter	Aurora	MN	44:32	F19-24			44/145 6/8	109	Deanne Lee	Thunder Bay	ON	51:15	F40-44			57/145 3/12
80	Elora Oades	Thunder Bay	ON	44:33	F11-12			45/145 8/19	110	Dick Henderson	Thunder Bay	ON	51:38	M60-64			53/101 3/7
81	Jesse Dunsmoor	Eagle River	WI	44:34	M19-24			36/101 3/3	111	Lori Kay	Thunder Bay	ON	51:42	F50-54			58/145 5/16
82	William Oades	Thunder Bay	ON	44:35	M09-10			37/101 10/18	112	Jodi Fairclough	Abbotsfort	BC	51:44	F35-39			59/145 5/14
83	Charles Gross	Hoyt Lakes	MN	44:36	M45-49			38/101 6/14	113	Ian Dennis	Thunder Bay	ON	51:44	M55-59			54/101 2/2

continued...



When athletes compete for the love of sport, everybody wins.

* Registered trademark of Royal Bank of Canada.



10 km Results Continued

PL	Name	City	Pr	Time	Division	Sex	Div
						Total	Total
114	Meghan Dennis	Thunder Bay	ON	51:45	F25-29	60/145	6/10
115	Aidan Johnston	Neebing	ON	51:47	M09-10	55/101	14/18
116	Erik Schlyter	Thunder Bay	ON	51:56	M07-08	56/101	6/9
117	Kevin Schlyter	Thunder Bay	ON	51:58	M45-49	57/101	8/14
118	Amanda Walberg	Thunder Bay	ON	52:11	F11-12	61/145	12/19
119	Madison Page	Thunder Bay	ON	52:12	F11-12	62/145	13/19
120	Robert Keyes	Thunder Bay	ON	52:31	M70-74	58/101	1/1
121	Lynda Betcherman	Thunder Bay	ON	53:16	F65-69	63/145	1/3
122	Grace Fillmore	Thunder Bay	ON	53:17	F07-08	64/145	3/11
123	Theresa Fillmore	Thunder Bay	ON	53:20	F40-44	65/145	4/12
124	Eric Osala	Nipigon	ON	53:22	M07-08	59/101	7/9
125	Pauline Osala	Nipigon	ON	53:27	F45-49	66/145	6/18
126	Charlotte Oades	Thunder Bay	ON	53:40	F13-14	67/145	5/6
127	Michael Oades	Thunder Bay	ON	53:42	M40-44	60/101	5/9
128	Elaine Oades	Thunder Bay	ON	53:47	F40-44	68/145	5/12
129	Ilona Harju	Bayfield	WI	54:12	F60-64	69/145	2/2
130	Anthony Starcok	Thunder Bay	ON	54:50	M45-49	61/101	9/14
131	Laura Hogan	Thunder Bay	ON	54:58	F45-49	70/145	7/18
132	Mary-El Kerr	Whitehorse	YK	55:06	F50-54	71/145	6/16
133	Grace Simpson	Thunder Bay	ON	55:08	F09-10	72/145	7/9
134	Bill Wiltshire	Thunder Bay	ON	55:14	M45-49	62/101	10/14
135	Kiri Simpson	Thunder Bay	ON	55:25	F11-12	73/145	14/19
136	Kathy Simpson	Thunder Bay	ON	55:27	F45-49	74/145	8/18
137	Dale Smith	Thunder Bay	ON	55:35	M45-49	63/101	11/14
138	Niel Simpson	Thunder Bay	ON	55:44	M45-49	64/101	12/14
139	Seth Kerr	Thunder Bay	ON	56:11	M80-99	65/101	2/2
140	Kate Walters	Arlington	VA	56:40	F45-49	75/145	9/18
141	Maureen Hayes	Grand Marais	MN	56:43	F50-54	76/145	7/16
142	Tom Joseph	Thunder Bay	ON	56:44	M65-69	66/101	2/2
143	Maureen Panizza	Thunder Bay	ON	56:46	F45-49	77/145	10/18
144	Mona Wiltshire	Thunder Bay	ON	56:49	F45-49	78/145	11/18
145	Mayr Hayes	Winnetka	IL	56:51	F50-54	79/145	8/16
146	Marcelle Paulin	Pass Lake	ON	57:13	F25-29	80/145	7/10
147	Beth Goulet	Geraldton	ON	58:01	F45-49	81/145	12/18
148	Mike Goulet	Geraldton	ON	58:01	M50-54	67/101	4/7
149	Katherine Hamilton	Thunder Bay	ON	58:41	F19-24	82/145	7/8
150	Emily Widdifield	Kakabeka Falls	ON	58:54	F07-08	83/145	4/11
151	Ken Widdifield	Kakabeka Falls	ON	58:55	M50-54	68/101	5/7
152	Bruce Piercy	Winnipeg	MB	59:05	M60-64	69/101	4/7
153	Jonas Olsen	Thunder Bay	ON	59:06	M07-08	70/101	8/9
154	Pamela Widdifield	Kakabeka Falls	ON	59:08	F40-44	84/145	6/12
155	Peder Olsen	Thunder Bay	ON	59:09	M40-44	71/101	6/9

PL	Name	City	Pr	Time	Division	Sex	Div
						Total	Total
156	Mary Keyes	Thunder Bay	ON	59:42	F65-69	85/145	2/3
157	Bob Katajamaki	Nolalu	ON	59:54	M60-64	72/101	5/7
158	Tom Hazenberg	Thunder Bay	ON	59:56	M75-79	73/101	1/1
159	Robin Panizza	Thunder Bay	ON	1:00:29	F15-16	86/145	1/1
160	Michelle Watson	Marathon	ON	1:01:09	F25-29	87/145	8/10
161	Sibley Duckert	Thunder Bay	ON	1:02:46	F01-06	88/145	1/6
162	Denise Taylor	Thunder Bay	ON	1:02:48	F35-39	89/145	6/14
163	Paula O'Brien	Geraldton	ON	1:03:30	F35-39	90/145	7/14
164	Brandy Norland	Thunder Bay	ON	1:04:04	F25-29	91/145	9/10
165	Jill Davies	Wolfville	NS	1:04:09	F55-59	92/145	4/5
166	Socorro Kelly	Thunder Bay	ON	1:04:09	F30-34	93/145	2/3
167	Amanda Gross	Hoyt Lakes	MN	1:04:22	F19-24	94/145	8/8
168	Janice Groulx	Thunder Bay	ON	1:04:34	F50-54	95/145	9/16
169	Connie Hecker	Ham Lake	MN	1:04:35	F45-49	96/145	13/18
170	Molly McKittrick	Thunder Bay	ON	1:04:50	F65-69	97/145	3/3
171	Michelle McKittrick	Thunder Bay	ON	1:04:52	F35-39	98/145	8/14
172	Evelynn Hoffman	Longlac	ON	1:04:59	F11-12	99/145	15/19
173	Mark Harvell	New London	MN	1:04:09	M45-49	74/101	13/14
174	Emma Hansen	Thunder Bay	ON	1:05:25	F07-08	100/145	5/11
175	Amy Hansen	Thunder Bay	ON	1:05:25	F35-39	101/145	9/14
176	Jack Hansen	Thunder Bay	ON	1:05:55	M01-06	75/101	1/8
177	Eric Hansen	Thunder Bay	ON	1:05:57	M35-39	76/101	3/6
178	Michael Dillon	Thunder Bay	ON	1:05:59	M09-10	77/101	15/18
179	Andrew Dillon	Thunder Bay	ON	1:06:00	M40-44	78/101	7/9
180	Nickolas Kadolph	Thunder Bay	ON	1:06:01	M09-10	79/101	16/18
181	Holly Gross	Hoyt Lakes	MN	1:06:17	F45-49	102/145	14/18
182	Jim Bidnall	Thunder Bay	ON	1:06:29	M60-64	80/101	6/7
183	Nathalie Groulx	Thunder Bay	ON	1:06:54	F35-39	103/145	10/14
184	Wendy Morden	Thunder Bay	ON	1:06:54	F50-54	104/145	10/16
185	Ann-Marie Stone	Thunder Bay	ON	1:07:07	F50-54	105/145	11/16
186	Aaron Bransky	Duluth	MN	1:07:16	M50-54	81/101	6/7



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187	Barb Parks	Duluth	MN	1:07:16	F50-54	106/145	12/16
188	Helen Sallans	Thunder Bay	ON	1:07:23	F45-49	107/145	15/18
189	Karen Swazey	Thunder Bay	ON	1:07:38	F45-49	108/145	16/18
190	Terry Kadolph	Thunder Bay	ON	1:07:52	M45-49	82/101	14/14
191	Eddy Schwar	Thunder Bay	ON	1:07:52	M01-06	83/101	2/8
192	Werner Schwar	Thunder Bay	ON	1:07:54	M40-44	84/101	8/9

continued...



10 km Results Continued

PL	Name	City	Pr	Time	Division	Sex	Total	Div	Total
193	Alexander Randall	Thunder Bay	ON	1:10:16	M01-06		85/101	3/8	
194	Todd Randall	Thunder Bay	ON	1:10:16	M35-39		86/101	4/6	
195	Doreen Bidhall	Thunder Bay	ON	1:11:04	F55-59		109/145	5/5	
196	Graeme Cano	Thunder Bay	ON	1:12:43	M09-10		87/101	17/18	
197	Alison MacMillan	Thunder Bay	ON	1:13:18	F40-44		110/145	7/12	
198	Mya MacMillan	Thunder Bay	ON	1:13:20	F07-08		111/145	6/11	
199	Morgan Clark	Thunder Bay	ON	1:14:25	F11-12		112/145	16/19	
200	Catherine Heinrich	Keewatin	ON	1:14:41	F50-54		113/145	13/16	
201	Kim Humphrey	Longbow Lake	ON	1:15:04	F40-44		114/145	8/12	
202	Ross McCubbin	Thunder Bay	ON	1:15:14	M40-44		115/145	9/9	
203	Lillian Heinrich C	Keewatin	ON	1:15:53	F11-12		115/145	17/19	
204	Ashley Hortis	Thunder Bay	ON	1:17:10	F07-08		116/145	7/11	
205	Freddy Hortis	Thunder Bay	ON	1:17:11	M30-34		89/101	1/2	
206	Kate Muzyka	Thunder Bay	ON	1:18:42	F07-08		117/145	8/11	
207	John O'Brien	Thunder Bay	ON	1:18:44	M60-64		90/101	7/7	
208	Max Hollmann	Thunder Bay	ON	1:19:21	M07-08		91/101	9/9	
209	Sharon Lovis	Thunder Bay	ON	1:19:44	F40-44		118/145	9/12	
210	Grace Lovis	Thunder Bay	ON	1:19:44	F11-12		119/145	18/19	
211	Olivia Demetrakopolous	Thunder Bay	ON	1:20:14	F07-08		120/145	9/11	
212	Demetrios Demetrakopolous	Thunder Bay	ON	1:20:15	M35-39		92/101	5/6	
213	Kira Harkonen	Thunder Bay	ON	1:24:40	F13-14		121/145	6/6	
214	Hudson Morash	Thunder Bay	ON	1:25:07	M09-10		93/101	18/18	
215	Tammy Harkonen	Thunder Bay	ON	1:25:14	F35-39		122/145	11/14	
216	Lisa Phillipsjohns	Minneapolis	MN	1:25:28	F50-54		123/145	14/16	
217	Emma Leconte	Thunder Bay	ON	1:26:24	F09-10		124/145	8/9	
218	Abigail Willms	Sioux Lookout	ON	1:26:36	F09-10		125/145	9/9	
219	Kallie McLaughlin	Thunder Bay	ON	1:26:36	F11-12		126/145	19/19	
220	Olivia Mesich	Sioux Lookout	ON	1:27:29	F01-06		127/145	2/6	
221	Brad Mesich	Sioux Lookout	ON	1:27:30	M35-39		94/101	6/6	
222	Robert McLaughlin	Thunder Bay	ON	1:27:32	M50-54		95/101	7/7	
223	Adam Luoma	Thunder Bay	ON	1:29:27	M01-06		96/101	4/8	
224	Laura Macgowan	Thunder Bay	ON	1:29:29	F40-44		128/145	10/12	
225	Colleen Edwards	Marathon	ON	1:32:54	F50-54		129/145	15/16	
226	Lorraine Meech	Marathon	ON	1:33:17	F50-54		130/145	16/16	
227	Jamie Ray	Thunder Bay	ON	1:34:35	M30-34		97/101	2/2	
228	Tori Ray	Thunder Bay	ON	1:34:37	F07-08		131/145	10/11	

PL	Name	City	Pr	Time	Division	Sex	Total	Div	Total
229	Charlotte Johnston	Neebing	ON	1:35:15	F07-08		132/145	11/11	
230	Laura Swancar	Neebing	ON	1:35:18	F40-44		133/145	11/12	
231	Ruth Hamlin-Douglas	Thunder Bay	ON	1:37:01	F25-29		134/145	10/10	
232	Fiona McKenna	Kaministiquia	ON	1:42:41	F45-49		135/145	17/18	
233	Simone Poulin	Kaministiquia	ON	1:42:42	F01-06		136/145	3/6	
234	Walt Hoffman	Longlac	ON	2:08:53	M01-06		98/101	5/8	
235	Deanna Hoffman	Longlac	ON	2:08:56	F35-39		137/145	12/14	
236	Lukas Hortis	Thunder Bay	ON	2:16:05	M01-06		99/101	6/8	
237	Christina Hortis	Thunder Bay	ON	2:16:06	F30-34		138/145	3/3	
238	Jakob Hollmann	Thunder Bay	ON	2:40:32	M01-06		100/101	7/8	
239	Cristine Sillen	Thunder Bay	ON	2:40:32	F40-44		139/145	12/12	
240	Lindsay Chwastyk	Sioux Lookout	ON	2:51:00	F01-06		140/145	4/6	
241	Jennifer Chwastyk	Sioux Lookout	ON	2:51:00	F35-39		141/145	13/14	
242	Jordan Chwastyk	Sioux Lookout	ON	2:51:00	F01-06		142/145	5/6	
243	Jonah Willms	Sioux Lookout	ON	2:58:52	M01-06		101/101	8/8	
244	Lynn Kallies	Thunder Bay	ON	2:58:55	F45-49		143/145	18/18	
245	Faye Mesich	Sioux Lookout	ON	3:01:34	F01-06		144/145	6/6	
246	Heather Mesich	Sioux Lookout	ON	3:01:41	F35-39		145/145	14/14	

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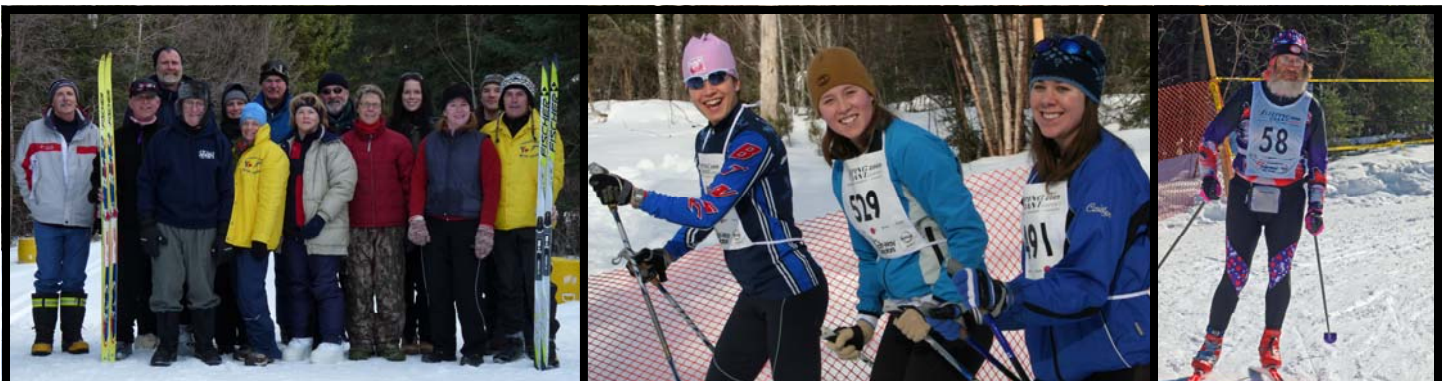
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20 km Results

PL	Name	City	Pr	Time	Division	Sex	Div	Total	PL	Name	City	Pr	Time	Division	Sex	Div	Total	
1	Kellen Witschen	Aurora	MN	53:16	M15-16	1/138	1/8		55	Raymond Cytowicz	Thunder Bay	ON	1:12:14	M19-24	46/138	2/2		
2	Sam Holmes	Angora	MN	53:16	M15-16	2/138	2/8		56	Jennifer Lailey	Thunder Bay	ON	1:12:18	F35-39	10/104	2/9		
3	Julian Freitag	Thunder Bay	ON	53:42	M13-14	3/138	1/20		57	Mia Serratore	Thunder Bay	ON	1:12:21	F11-12	11/104	1/6		
4	Kris Nisula	Thunder Bay	ON	57:14	M30-34	4/138	1/6		58	David Welbourne	Thunder Bay	ON	1:12:35	M45-49	47/138	6/15		
5	Colin Pendziwol	Thunder Bay	ON	58:22	M13-14	5/138	2/20		59	Monique Welbourne	Thunder Bay	ON	1:12:35	F35-39	12/104	3/9		
6	Loic Ransom	Marathon	ON	59:36	M25-29	6/138	1/10		60	Manon Magnan	Kenora	ON	1:12:57	F15-16	13/104	1/3		
7	Luke Novak	Embarrass	MN	59:41	M17-18	7/138	1/2		61	Gavin Moorhouse	Fort Frances	ON	1:12:58	M13-14	48/138	11/20		
8	Nicholas Russon	Fredricton	NB	1:00:24	M25-29	8/138	2/10		62	Kaitie Curtis	Kenora	ON	1:12:59	F13-14	14/104	3/7		
9	Peter Sorensen	Atikokan	ON	1:00:32	M15-16	9/138	3/8		63	David Dennis	Thunder Bay	ON	1:13:15	M55-59	49/138	5/15		
10	David Ek	Thunder Bay	ON	1:00:45	M13-14	10/138	3/20		64	Devin Bradley	Thunder Bay	ON	1:14:44	M13-14	50/138	12/20		
11	Chris Hecker	Ham Lake	MN	1:00:46	M13-14	11/138	4/20		65	Michelle Addison	Thunder Bay	ON	1:14:46	F35-39	15/104	4/9		
12	Phillip Luckai	Thunder Bay	ON	1:02:23	M13-14	12/138	5/20		66	Susan Hay	Thunder Bay	ON	1:14:47	F45-49	16/104	2/18		
13	Carlo Sunila	Thunder Bay	ON	1:02:38	M35-39	13/138	1/4		67	Matt Shute	Thunder Bay	ON	1:15:04	M30-34	51/138	4/6		
14	Angus Foster	Thunder Bay	ON	1:02:55	M13-14	14/138	6/20		68	Garth Tremblay	Thunder Bay	ON	1:15:13	M40-44	52/138	3/10		
15	Daniel Tesolin	Thunder Bay	ON	1:02:57	M15-16	15/138	4/8		69	John Lanteigne	Red Rock	ON	1:15:15	M55-59	53/138	6/15		
16	Lauren Stoot	Thunder Bay	ON	1:03:31	F19-24	1/104	1/5		70	Elysia Petrone	High St	ON	1:15:21	F19-24	17/104	3/5		
17	Kelly O'Brien	Cloquet	MN	1:03:47	F19-24	2/104	2/5		71	John O'Brien	Thunder Bay	ON	1:15:26	M50-54	54/138	3/17		
18	John Boegh	Thunder Bay	ON	1:03:59	M40-44	16/138	1/10		72	John Twigg	Thunder Bay	ON	1:15:53	M60-64	55/138	2/12		
19	Peter White	Thunder Bay	ON	1:04:23	M50-54	17/138	1/17		73	Keith Fawcett	Thunder Bay	ON	1:16:06	M60-64	56/138	3/12		
20	Kim Ransom	Marathon	ON	1:04:40	M55-59	18/138	1/15		74	Fred Wood	Thunder Bay	ON	1:16:07	M60-64	57/138	4/12		
21	Sam Johnson	Aurora	MN	1:04:47	M13-14	19/138	7/20		75	Michael Coote	Thunder Bay	ON	1:16:48	M50-54	58/138	4/17		
22	Lindsay O'Brien	Cloquet	MN	1:04:50	F25-29	3/104	1/7		76	Janet Coote	Thunder Bay	ON	1:16:48	F50-54	18/104	1/7		
23	William Field	Thunder Bay	ON	1:04:57	M45-49	20/138	1/15		77	Elaine Lynch	Thunder Bay	ON	1:17:19	F50-54	19/104	2/7		
24	Simon Holmes	Angora	MN	1:05:03	M13-14	21/138	8/20		78	Donald Grant	Thunder Bay	ON	1:17:39	M35-39	59/138	2/4		
25	Cheri Johnson	Aurora	MN	1:05:37	F40-44	4/104	1/8		79	David Stoot	Thunder Bay	ON	1:17:51	M45-49	60/138	7/15		
26	Daphne Mitchell	Thunder Bay	ON	1:05:55	F45-49	5/104	1/18		80	Neal Lundeen	Frederic	WI	1:18:44	M55-59	61/138	7/15		
27	Erik Lockhart	Kenora	ON	1:06:09	M15-16	22/138	5/8		81	Catrina Downie	Thunder Bay	ON	1:18:54	F11-12	20/104	2/6		
28	Alastair Wehner	Kamloops	BC	1:06:09	M13-14	23/138	9/20		82	Beatrice Kaiser	Thunder Bay	ON	1:18:54	F11-12	21/104	3/6		
29	Dave Sokolowski	Thunder Bay	ON	1:06:20	M19-24	24/138	1/2											
30	Dave Witschen	Aurora	MN	1:06:30	M45-49	25/138	2/15											
31	Tyler Dennis	Thunder Bay	ON	1:07:10	M25-29	26/138	3/10											
32	Keith Johnson	Aurora	MN	1:07:12	M45-49	27/138	3/15											
33	Landon Rea	Balmertown	ON	1:07:15	M13-14	28/138	10/20											
34	Jeffrey Merkel	Cochonour	ON	1:07:31	M17-18	29/138	2/2											
35	John Haselmayer	Marathon	ON	1:07:46	M30-34	30/138	2/6											
36	Marko Ahokas	Thunder Bay	ON	1:08:31	M30-34	31/138	3/6											
37	David Ahlquist	Rochester	MN	1:08:47	M55-59	32/138	2/15											
38	Lloyd Bryar	Marathon	ON	1:08:51	M55-59	33/138	3/15											
39	Gavin Nelson	Thunder Bay	ON	1:08:57	M25-29	34/138	4/10											
40	Maureen Kershaw	Thunder Bay	ON	1:09:09	F55-59	6/104	1/14											
41	James Heinrich	Chapman	Keewatin	ON	1:09:32	M15-16	35/138	6/8										
42	Sadie White	Thunder Bay	ON	1:10:26	F13-14	7/104	1/7											
43	Jiska Westbroek	Kakabeka Falls	ON	1:10:35	F35-39	8/104	1/9											
44	Fergus Foster	Thunder Bay	ON	1:10:41	M11-12	36/138	1/7											
45	Nicole Dumonski	Thunder Bay	ON	1:10:41	F13-14	9/104	2/7											
46	Todd Burkart	Keewatin	ON	1:11:02	M45-49	37/138	4/15											
47	Jesse Moorhouse	Fort Frances	ON	1:11:13	M15-16	38/138	7/8											
48	Leon Haggarty	Thunder Bay	ON	1:11:15	M15-16	39/138	8/8											
49	Anthony Bygate	Thunder Bay	ON	1:11:16	M50-54	40/138	2/17											
50	Martin Kaiser	Thunder Bay	ON	1:11:17	M45-49	41/138	5/15											
51	Steve Adams	Thunder Bay	ON	1:11:38	M40-44	42/138	2/10											
52	Hannu Ahokas	Thunder Bay	ON	1:11:46	M60-64	43/138	1/12											
53	Walter Davies	Longlac	ON	1:11:50	M55-59	44/138	4/15											
54	Steven Green	Thunder Bay	ON	1:12:00	M25-29	45/138	5/10											

continued...

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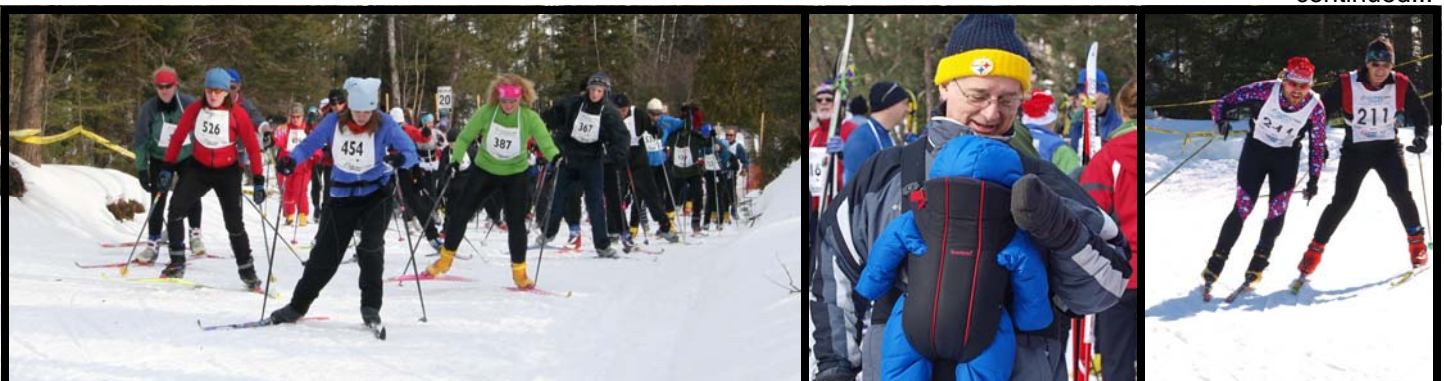
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20 km Results Continued

PL	Name	City	Pr	Time	Division	Sex	Div	Total	Total	PL	Name	City	Pr	Time	Division	Sex	Div	Total	Total
83	Camille Hamm	Thunder Bay	ON	1:18:54	F11-12			22/104	4/6	113	Maureen Adams	Thunder Bay	ON	1:24:50	F45-49			29/104	4/18
84	Jack Mesich	Sioux Lookout	ON	1:18:54	M09-10			62/138	1/2	114	Cameron Oliver	Thunder Bay	ON	1:24:56	M13-14			85/138	16/20
85	Christopher Winn	Thunder Bay	ON	1:19:13	M30-34			63/138	5/6	115	Christine Storozuk	Thunder Bay	ON	1:24:58	F55-59			30/104	2/14
86	Alixandra Burkart	Keewatin	ON	1:19:33	F15-16			23/104	2/3	116	Brady Harkonen	Thunder Bay	ON	1:25:20	M11-12			86/138	4/7
87	Bryan Nunan	Thunder Bay	ON	1:19:51	M50-54			64/138	5/17	117	David Anthes	Thunder Bay	ON	1:25:23	M45-49			87/138	10/15
88	Sarah Hay	Thunder Bay	ON	1:19:56	F11-12			24/104	5/6	118	Jonathon Degiacomo	Thunder Bay	ON	1:25:36	M13-14			88/138	17/20
89	William Baldus	Rochester	MN	1:20:16	M75-79			65/138	1/1	119	Linda Butler	Thunder Bay	ON	1:25:43	F50-54			31/104	3/7
90	Larry Willms	Sioux Lookout	ON	1:20:21	M45-49			66/138	8/15	120	Sawyer Badiuk	Balmertown	ON	1:25:44	F13-14			32/104	4/7
91	Jim Schroeder	Thunder Bay	ON	1:20:28	M50-54			67/138	6/17	121	Rick Hawryluk	Thunder Bay	ON	1:25:46	M45-49			89/138	11/15
92	Seth Holmes	Angora	MN	1:20:44	M13-14			68/138	13/20	122	Elizabeth Pszczolk	Nolalu	ON	1:25:52	F45-49			33/104	5/18
93	Austin Dane	Gilbert	MN	1:20:47	M13-14			69/138	14/20	123	Tammi Degiacomo	Thunder Bay	ON	1:26:04	F40-44			34/104	2/8
94	Stephen Exley	Thunder Bay	ON	1:20:53	M50-54			70/138	7/17	124	Tony Dasilva	Thunder Bay	ON	1:26:04	M40-44			90/138	5/10
95	Murray Walberg	Thunder Bay	ON	1:21:13	M40-44			71/138	4/10	125	Trish Gibson	S. Porcupine	ON	1:26:15	F55-59			35/104	3/14
96	Martin Erdman	Thunder Bay	ON	1:21:34	M55-59			72/138	8/15	126	Hilary Reid	Cochenour	ON	1:27:12	F19-24			36/104	4/5
97	Matthew Krummenach	Cochenour	ON	1:21:44	M13-14			73/138	15/20	127	Philippe Hamel	Thunder Bay	ON	1:27:12	M40-44			91/138	6/10
98	Hal Lightwood	Thunder Bay	ON	1:21:44	M35-39			74/138	3/4	128	Tess Ryan	Thunder Bay	ON	1:27:51	F15-16			37/104	3/3
99	Jim Fry	Pass Lake	ON	1:21:48	M50-54			75/138	8/17	129	Katie Armstrong	Thunder Bay	ON	1:27:51	F17-18			38/104	1/5
100	Trevor Workman	Thunder Bay	ON	1:21:58	M25-29			76/138	6/10	130	Erin Pendziwol	Thunder Bay	ON	1:27:51	F17-18			39/104	2/5
101	Joseph Wasielewski	Thunder Bay	ON	1:22:16	M60-64			77/138	5/12	131	Bill Henry	Brantford	ON	1:27:52	M60-64			92/138	6/12
102	Graham Exley	Thunder Bay	ON	1:22:49	M25-29			78/138	7/10	132	Angela Woodhouse-Wild	Nolalu	ON	1:28:08	F60-64			40/104	1/8
103	Eric Watson	Thunder Bay	ON	1:23:03	M11-12			79/138	2/7	133	Doug Cooke	Thunder Bay	ON	1:28:21	M55-59			93/138	9/15
104	Karen Greenfield	Thunder Bay	ON	1:23:24	F35-39			25/104	5/9	134	Leigh Potvin	Thunder Bay	ON	1:28:42	F25-29			41/104	3/7
105	Ralph Falcioni	Thunder Bay	ON	1:23:26	M50-54			80/138	9/17	135	Jim Lair	Minneapolis	MN	1:28:50	M60-64			94/138	7/12
106	Nicholas Ek	Thunder Bay	ON	1:23:44	M11-12			81/138	3/7	136	Shena Lafreniere	Kakabeka Falls	ON	1:29:07	F50-54			42/104	4/7
107	Dan Ek	Thunder Bay	ON	1:23:46	M45-49			82/138	9/15	137	Jim Groulx	Thunder Bay	ON	1:29:08	M50-54			95/138	11/17
108	Julia Beveridge	Thunder Bay	ON	1:23:50	F25-29			26/104	2/7	138	Mike Hecker	Ham Lake	MN	1:29:09	M50-54			96/138	12/17
109	Elisabeth Salmon	Thunder Bay	ON	1:24:01	F45-49			27/104	3/18	139	Betsy Harris	Kenora	ON	1:29:47	F45-49			43/104	6/18
110	Lance Deschamps	Thunder Bay	ON	1:24:01	M50-54			83/138	10/17	140	Kim Ahola	Vickers Hts	ON	1:30:22	F45-49			44/104	7/18
111	Christine Vita	Thunder Bay	ON	1:24:02	F30-34			28/104	1/4	141	Mathew Hay	Cochenour	ON	1:30:29	M13-14			97/138	18/20
112	Robert Mitchelson	Fort Frances	ON	1:24:45	M70-74			84/138	1/3	142	Jim Reid	Cochenour	ON	1:30:31	M50-54			98/138	13/17
										143	Ryan Pendziwol	Thunder Bay	ON	1:30:49	M11-12			99/138	5/7
										144	Richard Pendziwol	Thunder Bay	ON	1:30:50	M40-44			100/138	7/10
										145	Heather Spoozak	Dryden	ON	1:31:00	F45-49			45/104	8/18
										146	Mary Ellen Smith	Kakabeka Falls	ON	1:31:22	F45-49			46/104	9/18
										147	Chris Dunham	Duluth	MN	1:32:00	M30-34			101/138	6/6
										148	Andrea Boyd	Thunder Bay	ON	1:32:00	F35-39			47/104	6/9
										149	Dennis Johnson	Minneapolis	MN	1:32:03	M55-59			102/138	10/15
										150	Stephen Fairley	Thunder Bay	ON	1:32:12	M50-54			103/138	14/17
										151	Robert Foster	Thunder Bay	ON	1:32:23	M40-44			104/138	8/10
										152	Laura Foster-Joseph	Thunder Bay	ON	1:32:50	F45-49			48/104	10/18
										153	Heather Foster	Thunder Bay	ON	1:32:50	F45-49			49/104	11/18
										154	Edward Hoffman	Longlac	ON	1:33:04	M40-44			105/138	9/10
										155	Andrea Stach	Thunder Bay	ON	1:33:51	F35-39			50/104	7/9
										156	Judy Trumpler	Thunder Bay	ON	1:34:07	F55-59			51/104	4/14
										157	Larry Watson	Nolalu	ON	1:34:07	M55-59			106/138	11/15
										158	Peter Mrowiec	Thunder Bay	ON	1:34:45	M55-59			107/138	12/15
										159	Lanell Burgsteden	Thunder Bay	ON	1:35:15	F55-59			52/104	5/14
										160	Maria Flicka Thoma	Thunder Bay	ON	1:35:19	F45-49			53/104	12/18
										161	Marilyn Gordon	Inverary	ON	1:35:43	F45-49			54/104	13/18
										162	Shelley Siedlikows	Thunder Bay	ON	1:35:43	F55-59			55/104	6/14
										163	Garry Morris	Thunder Bay	ON	1:36:53	M45-49			108/138	12/15
										164	Niklas Harkonen	Thunder Bay	ON	1:37:02	M07-08			109/138	1/1
										165	Harold Harkonen	Thunder Bay	ON	1:37:03	M40-44			110/138	10/10

continued...



20 km Results Continued

PL	Name	City	Pr	Time	Division	Sex	Div	Total	Total	PL	Name	City	Pr	Time	Division	Sex	Div	Total	Total
166	Cheryl Mrowiec	Thunder Bay	ON	1:37:13	F50-54			56/104	5/7	198	Pete Hollings	Thunder Bay	ON	2:05:35	M35-39			126/138	4/4
167	Donna Burkart	Keewatin	ON	1:37:34	F45-49			57/104	14/18	199	Helen Livingstone	Thunder Bay	ON	2:06:07	F45-49			73/104	16/18
168	Samantha Burkart	Keewatin	ON	1:37:35	F13-14			58/104	5/7	200	Caitlyn Start	Thunder Bay	ON	2:06:08	F17-18			74/104	3/5
169	Paul Charrette	Thunder Bay	ON	1:38:41	M50-54			111/138	15/17	201	Hannah Naroski	Thunder Bay	ON	2:06:08	F17-18			75/104	4/5
170	Spencer Shand	Balmertown	ON	1:39:28	M13-14			112/138	19/20	202	Daphne Haggarty	Thunder Bay	ON	2:06:08	F17-18			76/104	5/5
171	Donald Watson	Thunder Bay	ON	1:40:01	M80-99			113/138	1/2	203	Adele Crowley	Thunder Bay	ON	2:07:17	F55-59			77/104	9/14
172	Isaac Sauder	Thunder Bay	ON	1:40:27	M11-12			114/138	6/7	204	Sally Dampier	Thunder Bay	ON	2:08:04	F55-59			78/104	10/14
173	Bruce Sauder	Thunder Bay	ON	1:40:29	M45-49			115/138	13/15	205	Alex Dampier	Thunder Bay	ON	2:08:04	M55-59			127/138	15/15
174	Amanda Maranzan	Thunder Bay	ON	1:41:12	F25-29			59/104	4/7	206	Beth Kuiper	Thunder Bay	ON	2:09:02	F30-34			79/104	3/4
175	Leo Dube	Thunder Bay	ON	1:41:20	M11-12			116/138	7/7	207	Zoe Lysmo	Kaministiquia	ON	2:09:40	F11-12			80/104	6/6
176	Sarah Loponen	Thunder Bay	ON	1:41:22	F40-44			60/104	3/8	208	Carla Markowski	Kenora	ON	2:10:43	F40-44			81/104	6/8
177	Gerrie Van Duyn	Murillo	ON	1:41:30	F60-64			61/104	2/8	209	Anne Mettam	Thunder Bay	ON	2:11:04	F55-59			82/104	11/14
178	Dave Challen	Thunder Bay	ON	1:41:42	M25-29			117/138	8/10	210	Jocelyne Francis	Thunder Bay	ON	2:11:04	F55-59			83/104	12/14
179	Martti Muzyka	Thunder Bay	ON	1:42:22	M09-10			118/138	2/2	211	Denise Thompson	Dryden	ON	2:14:36	F40-44			84/104	7/8
180	Allison Sauder	Thunder Bay	ON	1:42:48	F13-14			62/104	6/7	212	Dale Yerger	Hackensack MN	2:15:52	M50-54			128/138	17/17	
181	Jane Hayes	Sommerville MA	1:42:51	F40-44				63/104	4/8	213	Frank Pollari	Thunder Bay	ON	2:18:32	M45-49			129/138	15/15
182	Judy Sander	Thunder Bay	ON	1:42:52	F45-49			64/104	15/18	214	Nancy Luckai	Thunder Bay	ON	2:18:38	F50-54			85/104	6/7
183	Jan Inkster	Thunder Bay	ON	1:43:09	F65-69			65/104	1/1	215	Jan Svihra	Kleinburg	ON	2:18:58	M65-69			130/138	1/1
184	Diane Skinner	Thunder Bay	ON	1:44:24	F55-59			66/104	7/14	216	Nichol Wesley	Dryden	ON	2:20:14	F40-44			86/104	8/8
185	Jim Loppacher	Thunder Bay	ON	1:46:01	M55-59			119/138	13/15	217	Joan Martin	Thunder Bay	ON	2:22:32	F60-64			87/104	3/8
186	Yvonne Ahola	Thunder Bay	ON	1:50:19	F40-44			67/104	5/8	218	Deborah Breen	Thunder Bay	ON	2:22:32	F55-59			88/104	13/14
187	Alan Koivu	Thunder Bay	ON	1:53:06	M45-49			120/138	14/15	219	Sheila Angeconeb	Dryden	ON	2:24:20	F45-49			89/104	17/18
188	Anne Schwar	Thunder Bay	ON	1:55:31	F35-39			68/104	8/9	220	Jerry Frenette	Thunder Bay	ON	2:24:36	M70-74			131/138	2/3
189	Stan Brodie	Thunder Bay	ON	1:55:59	M55-59			121/138	14/15	221	Joanne Snow	Milwaukee WI	2:25:10	F35-39			90/104	9/9	
190	Michelle McChristi	Thunder Bay	ON	1:56:03	F30-34			69/104	2/4	222	Nora Olynyk	Thunder Bay	ON	2:27:58	F45-49			91/104	18/18
191	Vi Turner	Thunder Bay	ON	1:56:42	F75-79			70/104	1/1	223	O.E. Olynyk	Thunder Bay	ON	2:27:58	M80-99			132/138	2/2
192	Anne Redshaw	Grand Marais MN	1:58:04	F55-59				71/104	8/14	224	Mary Henry	Brantford	ON	2:28:13	F60-64			92/104	4/8
193	Jeremy McCubbin	Thunder Bay	ON	1:58:18	M13-14			122/138	20/20	225	Sarah Lewis	Marathon	ON	2:29:44	F19-24			93/104	5/5
194	Reino Viitala	Thunder Bay	ON	1:58:31	M60-64			123/138	8/12	226	Dylan Bailey	Thunder Bay	ON	2:30:32	M25-29			133/138	9/10
195	Emma Koivu	Thunder Bay	ON	1:59:31	F13-14			72/104	7/7	227	Jordan Hatton	Thunder Bay	ON	2:30:33	M25-29			134/138	10/10
196	Phil Bode	Thunder Bay	ON	1:59:37	M50-54			124/138	16/17	228	Ingeborg Zehbe	Thunder Bay	ON	2:32:23	F50-54			94/104	7/7
197	Robin Crowley	Thunder Bay	ON	2:05:16	M60-64			125/138	9/12	229	Raija Warkentin	Thunder Bay	ON	2:32:29	F60-64			95/104	5/8
										230	Joyce Timpson	Sioux Lookout	ON	2:33:05	F60-64			96/104	6/8
										231	Doug Shaw	Vickers Hts.	ON	2:35:01	M60-64			135/138	10/12
										232	Charles Dixon	Toronto	ON	2:39:06	M70-74			136/138	3/3
										233	John Hatton	Thunder Bay	ON	2:40:11	M60-64			137/138	11/12
										234	Eleanor Nielsen	Toronto	ON	2:40:40	F70-74			97/104	1/1
										235	Eva Whitmore	Winnipeg MB	2:43:41	F55-59			98/104	14/14	
										236	Mary Lee Barry	Kaministiquia	ON	2:46:03	F60-64			99/104	7/8
										237	Leigh Anne Cecchet	Thunder Bay	ON	2:48:14	F25-29			100/104	5/7
										238	Pyteke Blaauw	Thunder Bay	ON	2:57:06	F60-64			101/104	8/8
										239	Susan Roen	Thunder Bay	ON	3:00:01	F25-29			102/104	6/7
										240	Lisa Green	Thunder Bay	ON	3:00:03	F25-29			103/104	7/7
										241	Heather McKirdy	Thunder Bay	ON	3:13:44	F30-34			104/104	4/4
										242	Bill McKirdy	Thunder Bay	ON	3:13:44	M60-64			138/138	12/12





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35 Km Results

PL	Name	City	Pr	Time	Div	Sex	Div	Total
1	Rodney Puumala	Thunder Bay	ON	1:50:21	M35-39	1/34	1/1	
2	Robert Mettam	Thunder Bay	ON	1:50:28	M19-24	2/34	1/1	
3	Joel Bransky	Duluth	MN	1:51:59	M15-16	3/34	1/2	
4	Seppo Osala	Nipigon	ON	1:53:25	M50-54	4/34	1/7	
5	Bill Moser	St Paul	MN	2:00:13	M40-44	5/34	1/7	
6	Jordan Bonham	Thunder Bay	ON	2:08:00	M25-29	6/34	1/2	
7	Mark Puumala	Thunder Bay	ON	2:08:33	M40-44	7/34	2/7	
8	Hilary Mettam	Thunder Bay	ON	2:09:02	F25-29	1/23	1/5	
9	Jeff Hansen	Thunder Bay	ON	2:09:31	M40-44	8/34	3/7	
10	Peter Lovis	Thunder Bay	ON	2:09:38	M45-49	9/34	1/4	
11	Kelly Rauzi	Grand Marais	MN	2:10:15	F35-39	2/23	1/3	
12	Mark Sokolowski	Thunder Bay	ON	2:11:10	M45-49	10/34	2/4	
13	James Dacey	Thunder Bay	ON	2:15:38	M55-59	11/34	1/4	
14	Sarah Browne	Thunder Bay	ON	2:15:39	F30-34	3/23	1/1	
15	Doug Inkster	Ottawa	ON	2:15:56	M60-64	12/34	1/4	
16	Garrett Lindquist	Dryden	ON	2:16:02	M13-14	13/34	1/1	
17	Patricia Johnson	Thunder Bay	ON	2:16:22	F40-44	4/23	1/2	
18	Jennifer Kryszak	Thunder Bay	ON	2:16:25	F25-29	5/23	2/5	
19	George Badanai	Thunder Bay	ON	2:17:59	M50-54	14/34	2/7	
20	Greg Flavell	Thunder Bay	ON	2:19:34	M40-44	15/34	4/7	
21	William Montelpare	Thunder Bay	ON	2:20:16	M50-54	16/34	3/7	
22	Andrew Hail	Thunder Bay	ON	2:21:53	M45-49	17/34	3/4	
23	Alastair Grant	Thunder Bay	ON	2:22:13	M50-54	18/34	4/7	
24	William Schuldt	Duluth	MN	2:22:14	M55-59	19/34	2/4	
25	Lynn Palmer	Thunder Bay	ON	2:24:45	F45-49	6/23	1/6	
26	Frank Wilson	Thunder Bay	ON	2:24:54	M60-64	20/34	2/4	
27	Kimberly Wagner	Timmins	ON	2:25:14	F35-39	7/23	2/3	
28	Blake Cameron	Thunder Bay	ON	2:25:57	M45-49	21/34	4/4	
29	Judith Deschamps	Thunder Bay	ON	2:28:37	F45-49	8/23	2/6	
30	Jo-Ann Mersereau	Thunder Bay	ON	2:28:37	F35-39	9/23	3/3	
31	Maureen Page	Thunder Bay	ON	2:30:10	F40-44	10/23	2/2	
32	Robert Barker	Kenora	ON	2:31:03	M50-54	22/34	5/7	
33	Jan Westerback	Thunder Bay	ON	2:31:55	F45-49	11/23	3/6	
34	Kathy Storzuk	Thunder Bay	ON	2:32:09	F50-54	12/23	1/4	
35	Kyell Schmidt	Minnitaki	ON	2:33:26	M15-16	23/34	2/2	
36	Sarah Bunting	Thunder Bay	ON	2:35:16	F25-29	13/23	3/5	
37	Ross Chuchman	Thunder Bay	ON	2:37:07	M60-64	24/34	3/4	
38	Paula Paleczny	Thunder Bay	ON	2:37:40	F50-54	14/23	2/4	
39	Jane Mayer	Thunder Bay	ON	2:39:25	F45-49	15/23	4/6	
40	Kevin Cookson	Kakabeka Falls	ON	2:49:56	M40-44	25/34	5/7	
41	Joanne Kasaboski	Thunder Bay	ON	2:50:59	F25-29	16/23	4/5	
42	Mark Maranzan	Thunder Bay	ON	2:53:10	M25-29	26/34	2/2	
43	Susan Carlson	Thunder Bay	ON	2:57:40	F50-54	17/23	3/4	

PL	Name	City	Pr	Time	Div	Sex	Div	Total
44	Douglas Lawrance	Sioux Lookout	ON	2:59:24	M55-59	27/34	3/4	
45	Victoria Kullas	Timmins	ON	3:02:02	F45-49	18/23	5/6	
46	Ross Johnston	Neebing	ON	3:02:12	M50-54	28/34	6/7	
47	Mike McCarl	Sioux Lookout	ON	3:04:05	M40-44	29/34	6/7	
48	Don Savela	Neebing	ON	3:04:52	M50-54	30/34	7/7	
49	Sean Albanese	Thunder Bay	ON	3:06:02	M40-44	31/34	7/7	
50	Mary Carl	Thunder Bay	ON	3:10:03	F50-54	19/23	4/4	
51	Kaarina Osala-Scha	Thunder Bay	ON	3:15:00	F25-29	20/23	5/5	
52	Roy Richardson	Thunder Bay	ON	3:17:33	M60-64	32/34	4/4	
53	Niels Carl	Thunder Bay	ON	3:26:36	M55-59	33/34	4/4	
54	Lorie Springall	Sault Ste Marie	ON	3:51:41	F45-49	21/23	6/6	
55	Barbara Smith	Thunder Bay	ON	3:53:00	F55-59	22/23	1/2	
56	Sophie Young	Thunder Bay	ON	4:00:05	F55-59	23/23	2/2	
57	Peter Young	Thunder Bay	ON	4:00:05	M65-69	34/34	1/1	



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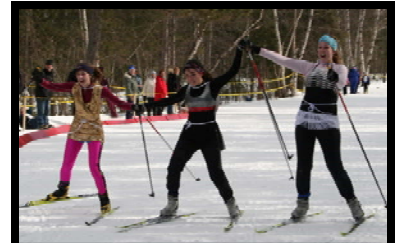
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50 km Free Technique Results

PL	Name	City	Pr	Sex	Total	Division	Div	22.5 km split			finish time	overall pace
								Total	rank	time		
1	Andre Watt	Duluth	MN	1/125	M25-29	1/11	3	55:05	2:27	2:02:26	2:27	
2	Adam Swank	Duluth	MN	2/125	M30-34	1/9	1	55:02	2:27	2:02:28	2:27	
3	Jeffrey Cameron	Thunder Bay	ON	3/125	M25-29	2/11	2	55:03	2:27	2:06:14	2:32	
4	Timo Puiras	Thunder Bay	ON	4/125	M25-29	3/11	4	55:05	2:27	2:07:05	2:33	
5	John Ahokas	Orangeville	ON	5/125	M30-34	2/9	5	56:41	2:32	2:15:01	2:43	
6	Stephen Hart	Thunder Bay	ON	6/125	M25-29	4/11	6	57:44	2:34	2:15:56	2:44	
7	Michael Dietzman	Ely	MN	7/125	M45-49	1/12	11	1:00:18	2:41	2:16:09	2:44	
8	Dan Morwood	Kenora	ON	8/125	M30-34	3/9	12	1:00:22	2:41	2:16:10	2:44	
9	Kevin Paradis	Kakabeka Fal	ON	9/125	M35-39	1/6	7	1:00:11	2:41	2:16:17	2:44	
10	John Schneider	Plymouth	MN	10/125	M40-44	1/17	9	1:00:15	2:41	2:17:07	2:45	
11	Robert Martin	Thunder Bay	ON	11/125	M19-24	1/4	17	1:01:11	2:44	2:17:24	2:45	
12	Bill Baldus	Minneapolis	MN	12/125	M40-44	2/17	10	1:00:17	2:41	2:19:39	2:48	
13	Mike Ward	Thunder Bay	ON	13/125	M25-29	5/11	8	1:00:13	2:41	2:20:42	2:49	
14	Paulette Niemi	Ironwood	MI	1/38	F40-44	1/4	13	1:00:47	2:43	2:22:30	2:51	
15	Paul Haltvick	Ashland	WI	14/125	M50-54	1/30	14	1:00:49	2:43	2:22:30	2:51	
16	Jim Keyes	Thunder Bay	ON	15/125	M45-49	2/12	28	1:03:42	2:50	2:23:51	2:53	
17	Eric Hedman	Saint Paul	MN	16/125	M35-39	2/6	15	1:00:53	2:43	2:23:53	2:53	
18	Scott Ferguson	Ottawa	ON	17/125	M40-44	3/17	19	1:01:57	2:46	2:24:35	2:54	
19	John Lynch	St. Anthony	MN	18/125	M40-44	4/17	16	1:00:57	2:43	2:24:40	2:54	
20	Elaine Nelson	Duluth	MN	2/38	F30-34	1/5	27	1:03:22	2:49	2:24:42	2:54	
21	Grant Nelson	Duluth	MN	19/125	M30-34	4/9	26	1:03:20	2:49	2:24:42	2:54	
22	Paul Belknap	Ashland	WI	20/125	M25-29	6/11	22	1:02:24	2:47	2:25:38	2:55	
23	Becky Puiras	Thunder Bay	ON	3/38	F30-34	2/5	20	1:02:22	2:47	2:25:43	2:55	
24	Raymond Niemi	Ironwood	MI	21/125	M40-44	5/17	18	1:01:57	2:46	2:25:48	2:55	
25	Al Comeau	Murillo	ON	22/125	M55-59	1/23	24	1:03:09	2:49	2:26:05	2:56	
26	Ron Mahler	Thunder Bay	ON	23/125	M50-54	2/30	21	1:02:22	2:47	2:26:16	2:56	
27	Mark Thomas	Thunder Bay	ON	24/125	M50-54	3/30	23	1:03:05	2:49	2:27:48	2:58	
28	Christian Hollmann	Thunder Bay	ON	25/125	M40-44	6/17	25	1:03:10	2:49	2:29:53	3:00	
29	Rob Lepage	Whitefish	ON	26/125	M50-54	4/30	32	1:05:02	2:54	2:29:54	3:00	
30	Erin Carter	St Anne	MB	4/38	F25-29	1/4	31	1:04:58	2:54	2:30:23	3:01	
31	Dave Edwards	Thunder Bay	ON	27/125	M30-34	5/9	29	1:04:54	2:54	2:31:43	3:03	
32	Peter Cameron	Thunder Bay	ON	28/125	M35-39	3/6	30	1:04:58	2:54	2:31:44	3:03	
33	Joshua Robinson	Thunder Bay	ON	29/125	M19-24	2/4	38	1:06:53	2:59	2:32:00	3:03	
34	Tim Wehner	Keewatin	ON	30/125	M40-44	7/17	37	1:06:23	2:57	2:32:06	3:03	
35	Deborah Sussex	Ely	MN	5/38	F45-49	1/7	33	1:05:20	2:55	2:32:59	3:04	
36	Janet Findlay	Kenora	ON	6/38	F40-44	2/4	36	1:06:19	2:57	2:33:00	3:04	
37	Darryl Blazino	Thunder Bay	ON	31/125	M40-44	8/17	35	1:06:14	2:57	2:33:30	3:05	
38	Russell Pete Clark	Thunder Bay	ON	32/125	M40-44	9/17	44	1:08:05	3:02	2:34:06	3:05	
39	Kyle Fry	Pass Lake	ON	33/125	M19-24	3/4	40	1:07:42	3:01	2:34:19	3:06	
40	Hilary Petrus	Thunder Bay	ON	34/125	M55-59	2/23	41	1:07:48	3:01	2:36:45	3:09	
41	Bill MacGregor	Thunder Bay	ON	35/125	M45-49	3/12	34	1:06:05	2:57	2:37:18	3:09	
42	Hans Anderson	Proctor	MN	36/125	M55-59	3/23	39	1:07:13	3:00	2:37:55	3:10	
43	Darryl Gannon	Atikokan	ON	37/125	M45-49	4/12	45	1:08:10	3:02	2:38:06	3:10	
44	Henry Panizza	Thunder Bay	ON	38/125	M50-54	5/30	43	1:08:00	3:02	2:38:19	3:10	
45	Kelly Henry	Thunder Bay	ON	7/38	F25-29	2/4	46	1:08:31	3:03	2:39:05	3:11	
46	Eric Berglund	Thunder Bay	ON	39/125	M25-29	7/11	54	1:10:31	3:09	2:39:21	3:12	
47	Conor Mihell	Wawa	ON	40/125	M25-29	8/11	48	1:09:25	3:06	2:39:45	3:12	
48	Keith Ailey	Thunder Bay	ON	41/125	M30-34	6/9	42	1:07:56	3:02	2:39:56	3:12	
49	Bill Boyce	Thunder Bay	ON	42/125	M55-59	4/23	47	1:08:38	3:03	2:40:19	3:13	
50	Cameron Moorhouse	Fort Frances	ON	43/125	M50-54	6/30	56	1:10:36	3:09	2:40:25	3:13	
51	Eero Vuorinen	Thunder Bay	ON	44/125	M60-64	1/9	52	1:10:28	3:08	2:40:33	3:13	
52	Fred Rayman	Ely	MN	45/125	M55-59	5/23	49	1:10:01	3:07	2:41:15	3:14	
53	Nicki Wilberforce	Thunder Bay	ON	8/38	F40-44	3/4	51	1:10:27	3:08	2:41:39	3:14	
54	Rob Roussel	Thunder Bay	ON	46/125	M45-49	5/12	58	1:11:10	3:10	2:42:27	3:15	
55	Eraldo Panizza	Thunder Bay	ON	47/125	M55-59	6/23	50	1:10:26	3:08	2:42:41	3:16	
56	Marilyn Ailey	Thunder Bay	ON	9/38	F35-39	1/1	53	1:10:29	3:08	2:42:41	3:16	
57	William Ulakovic	Thunder Bay	ON	48/125	M50-54	7/30	55	1:10:33	3:09	2:42:42	3:16	
58	Peter Watson	Thunder Bay	ON	49/125	M50-54	8/30	57	1:11:08	3:10	2:43:05	3:16	
59	Eugene Vandal	Thunder Bay	ON	50/125	M55-59	7/23	63	1:12:04	3:13	2:44:41	3:18	
60	Karen Rosehart	Thunder Bay	ON	10/38	F30-34	3/5	76	1:14:05	3:18	2:44:51	3:18	
61	Ted Chamut	Thunder Bay	ON	51/125	M55-59	8/23	66	1:12:59	3:15	2:44:54	3:18	
62	Stan Kaczmarek	Schumacher	ON	52/125	M50-54	9/30	59	1:11:46	3:12	2:45:03	3:19	
63	Norman Philippsen	Thunder Bay	ON	53/125	M50-54	10/30	65	1:12:52	3:15	2:45:09	3:19	
64	Nick Makletzoff	Thunder Bay	ON	54/125	M55-59	9/23	62	1:12:00	3:12	2:45:09	3:19	
65	Janice Watson-Ryan	Thunder Bay	ON	11/38	F45-49	2/7	64	1:12:16	3:13	2:46:08	3:20	
66	Susan Kaczmarek	Schumacher	ON	12/38	F50-54	1/9	74	1:14:01	3:18	2:46:09	3:20	
67	William Shand	Balmertown	ON	55/125	M35-39	4/6	75	1:14:03	3:18	2:46:14	3:20	
68	Rod McKinnon	Thunder Bay	ON	56/125	M45-49	6/12	60	1:11:49	3:12	2:46:55	3:21	
69	Randy Berg	Thunder Bay	ON	57/125	M50-54	11/30	68	1:13:02	3:15	2:46:56	3:21	
70	Andy Dwillow	Winnipeg	MB	58/125	M55-59	10/23	61	1:11:50	3:12	2:47:57	3:22	

continued...



50 km Free Technique Continued

PL	Name	City	Pr	Sex	Total	Division	Div	22.5 km split		finish	overall
								rank	time		
71	Calum Davies	Thunder Bay	ON	59/125	M19-24	4/4	69	1:13:03	3:15	2:48:01	3:22
72	Dave Pinner	Thunder Bay	ON	60/125	M40-44	10/17	77	1:14:05	3:18	2:48:47	3:23
73	Donald Willson	Thunder Bay	ON	61/125	M50-54	12/30	71	1:13:19	3:16	2:49:14	3:24
74	Larry Sochackey	Thunder Bay	ON	62/125	M55-59	11/23	67	1:13:01	3:15	2:49:53	3:24
75	Tom Heinrich	Baudette	MN	63/125	M45-49	7/12	82	1:15:50	3:23	2:50:17	3:25
76	Paul Kajmowicz	Thunder Bay	ON	64/125	M55-59	12/23	72	1:13:27	3:16	2:50:45	3:25
77	Caitlin Crooks	Ottawa	ON	13/38	F30-34	4/5	70	1:13:06	3:15	2:51:22	3:26
78	Malcolm Downie	Thunder Bay	ON	65/125	M40-44	11/17	79	1:15:17	3:21	2:52:26	3:27
79	Nick Dumonski	Thunder Bay	ON	66/125	M50-54	13/30	80	1:15:18	3:21	2:52:26	3:27
80	Daniel Sauville	White Bear L	MN	67/125	M50-54	14/30	81	1:15:19	3:21	2:53:28	3:29
81	Ava Rudachyk	Thunder Bay	ON	14/38	F19-24	1/3	118	1:21:21	3:37	2:53:42	3:29
82	Chris Serratore	Thunder Bay	ON	68/125	M40-44	12/17	73	1:13:40	3:17	2:53:43	3:29
83	Chris Stromberg	Atikokan	ON	69/125	M45-49	8/12	85	1:16:09	3:24	2:53:46	3:29
84	Roberto Bucci	Thunder Bay	ON	70/125	M40-44	13/17	92	1:17:20	3:27	2:54:27	3:30
85	Elton Brown	Aurora	MN	71/125	M65-69	1/3	86	1:16:19	3:24	2:54:28	3:30
86	Pam Dawes	Murillo	ON	15/38	F50-54	2/9	95	1:17:30	3:27	2:55:34	3:31
87	Gaston Poirier	Thunder Bay	ON	72/125	M50-54	15/30	106	1:18:32	3:30	2:55:35	3:31
88	Dave Harju	Bayfield	WI	73/125	M65-69	2/3	78	1:15:00	3:20	2:55:40	3:31
89	Dimitrios Vergidis	Thunder Bay	ON	74/125	M50-54	16/30	104	1:18:26	3:30	2:55:42	3:31
90	Vern J. Spoozak	Dryden	ON	75/125	M50-54	17/30	87	1:16:56	3:26	2:56:09	3:32
91	Craig Bullock	Dryden	ON	76/125	M55-59	13/23	110	1:18:45	3:30	2:56:10	3:32
92	Sherry-Lynn Hill	Thunder Bay	ON	16/38	F45-49	3/7	96	1:17:32	3:27	2:56:26	3:32
93	Jeff Tilbury	Fort Frances	ON	77/125	M40-44	14/17	84	1:16:01	3:23	2:56:47	3:33
94	Lorne Morrow	Thunder Bay	ON	78/125	M50-54	18/30	83	1:15:52	3:23	2:56:50	3:33
95	Kay Lum	Fitchburg	WI	17/38	F45-49	4/7	97	1:17:37	3:27	2:57:28	3:33
96	Rod Fuchihara	Thunder Bay	ON	79/125	M55-59	14/23	88	1:17:02	3:26	2:57:43	3:34
97	Brian Forsyth	Thunder Bay	ON	80/125	M60-64	2/9	98	1:17:39	3:28	2:57:53	3:34
98	Morgan Reilly	Atikokan	ON	18/38	F17-18	1/1	102	1:18:21	3:29	2:57:59	3:34
99	Dan Goldblatt	Edina	MN	81/125	M50-54	19/30	91	1:17:11	3:26	2:58:02	3:34
100	Kirsten Addison	Thunder Bay	ON	19/38	F30-34	5/5	103	1:18:23	3:30	2:58:08	3:34
101	Leslie Ransom	Marathon	ON	20/38	F55-59	1/2	94	1:17:26	3:27	2:58:18	3:34
102	Graziella Potvin	Thunder Bay	ON	21/38	F45-49	5/7	107	1:18:37	3:30	2:58:37	3:35
103	Alison McMullen	Thunder Bay	ON	22/38	F50-54	3/9	100	1:17:41	3:28	2:59:26	3:36
104	Philip Ponka	Thunder Bay	ON	82/125	M40-44	15/17	89	1:17:03	3:26	2:59:36	3:36
105	Rudy Gasparelli	Wawa	ON	83/125	M60-64	3/9	120	1:21:26	3:38	3:00:36	3:37
106	Theron Salmela	Mora	MN	84/125	M55-59	15/23	109	1:18:41	3:30	3:01:20	3:38
107	Scott Carter	Dryden	ON	85/125	M40-44	16/17	108	1:18:40	3:30	3:01:23	3:38
108	Dwight Beavers	Mason City	IA	86/125	M70-74	1/1	105	1:18:31	3:30	3:01:45	3:39
109	Bryan North	Thunder Bay	ON	87/125	M50-54	20/30	90	1:17:06	3:26	3:02:17	3:39
110	Michael Curry	Thunder Bay	ON	88/125	M30-34	7/9	93	1:17:21	3:27	3:02:19	3:39
111	Troy Barnard	Thunder Bay	ON	89/125	M30-34	8/9	126	1:22:42	3:41	3:02:31	3:40
112	Joe McGill	Marathon	ON	90/125	M50-54	21/30	119	1:21:25	3:38	3:03:14	3:40
113	Arnie Nurmi	Thunder Bay	ON	91/125	M60-64	4/9	101	1:18:00	3:28	3:04:04	3:41
114	Allan Delong	Dryden	ON	92/125	M60-64	5/9	114	1:20:10	3:34	3:04:15	3:42
115	Brian Campbell	Thunder Bay	ON	93/125	M45-49	9/12	116	1:20:32	3:35	3:04:26	3:42
116	Iain Mettam	Thunder Bay	ON	94/125	M55-59	16/23	113	1:19:59	3:34	3:05:39	3:43

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**Thank
you**
to everyone who
participated in
our on-line
survey. We had
over 200
respondents with
mostly positive
comments. As
always, there are
areas that we can
work on, and we
will be applying
your feedback to
future events.

50 km Free Technique Continued

PL	Name	City	Pr	Sex	Total	Division	Div	22.5 km split		finish time	overall pace
								rank	time		
117	Montana Foulke	Laramie	WY	23/38	F19-24	2/3	99	1:17:40	3:28	3:06:23	3:44
118	J. Harry Lum	Fitchburg	WI	95/125	M50-54	22/30	111	1:18:47	3:31	3:07:09	3:45
119	Guy Latimer	Thunder Bay	ON	96/125	M60-64	6/9	112	1:19:04	3:31	3:07:09	3:45
120	Tom Carten	Keewatin	ON	97/125	M55-59	17/23	125	1:22:23	3:40	3:07:29	3:45
121	Gordon Ryan	Thunder Bay	ON	98/125	M50-54	23/30	123	1:22:09	3:40	3:08:13	3:46
122	Claudio Tesolin	Thunder Bay	ON	99/125	M45-49	10/12	124	1:22:10	3:40	3:08:14	3:46
123	Burgess Eberhardt	Internationa	MN	100/125	M65-69	3/3	131	1:23:56	3:44	3:09:11	3:48
124	Sarah Stocker	Sault Ste Ma	ON	24/38	F50-54	4/9	117	1:21:08	3:37	3:09:57	3:48
125	John Buckley	Thunder Bay	ON	101/125	M45-49	11/12	127	1:22:44	3:41	3:10:10	3:49
126	Kim Mihell	Wawa	ON	25/38	F25-29	3/4	128	1:22:47	3:41	3:10:17	3:49
127	Mary-Anne Martin	Timmins	ON	26/38	F50-54	5/9	130	1:23:42	3:44	3:10:25	3:49
128	Seija Grant	Thunder Bay	ON	27/38	F19-24	3/3	121	1:21:35	3:38	3:12:50	3:52
129	Peter Himanen	Thunder Bay	ON	102/125	M40-44	17/17	115	1:20:31	3:35	3:13:09	3:52
130	Daniel Ugray	Thunder Bay	ON	103/125	M55-59	18/23	122	1:22:06	3:39	3:13:12	3:52
131	Michael Tassotto	Thunder Bay	ON	104/125	M35-39	5/6	133	1:24:04	3:45	3:14:12	3:54
132	Maureen Ahokas	Thunder Bay	ON	28/38	F60-64	1/2	135	1:25:17	3:48	3:16:36	3:56
133	Dave Lammers	Thunder Bay	ON	105/125	M35-39	6/6	132	1:24:02	3:45	3:18:11	3:58
134	John Sims	Thunder Bay	ON	106/125	M50-54	24/30	129	1:23:33	3:43	3:18:12	3:58
135	Diane Scocchia	Thunder Bay	ON	29/38	F50-54	6/9	140	1:27:10	3:53	3:18:16	3:58
136	Mac Davies	Thunder Bay	ON	107/125	M55-59	19/23	139	1:27:08	3:53	3:18:16	3:58
137	Edan Corcoran	Thunder Bay	ON	108/125	M50-54	25/30	138	1:27:06	3:53	3:18:28	3:59
138	Kelly Summers	Grand Marais	MN	30/38	F45-49	6/7	134	1:24:44	3:46	3:18:39	3:59
139	Brenda Ceaser	Schumacher	ON	31/38	F50-54	7/9	141	1:28:18	3:56	3:22:55	4:04
140	Sarah Strickland	Dwight	ON	32/38	F25-29	4/4	137	1:25:25	3:48	3:25:35	4:07
141	Ron Lappage	Thunder Bay	ON	109/125	M60-64	7/9	149	1:30:34	4:02	3:25:48	4:07
142	Trisha Clark	Kaministiqui	ON	33/38	F40-44	4/4	148	1:30:08	4:01	3:27:00	4:09
143	Brent Maranzan	Thunder Bay	ON	110/125	M25-29	9/11	155	1:34:37	4:13	3:27:01	4:09
144	Pam Magnan	Kenora	ON	34/38	F45-49	7/7	145	1:29:00	3:58	3:27:18	4:09
145	Andrew Bernas	Thunder Bay	ON	111/125	M25-29	10/11	136	1:25:19	3:48	3:28:13	4:10
146	Sergio Scocchia	Thunder Bay	ON	112/125	M50-54	26/30	153	1:32:43	4:08	3:28:34	4:11
147	Barry Oliver	Thunder Bay	ON	113/125	M50-54	27/30	142	1:28:19	3:56	3:29:50	4:12
148	Timothy Labatt	Minneapolis	MN	114/125	M60-64	8/9	147	1:30:03	4:01	3:30:10	4:13
149	Derek Dool	Thunder Bay	ON	115/125	M55-59	20/23	150	1:30:59	4:03	3:31:22	4:14
150	Betsy Beveridge	Thunder Bay	ON	35/38	F50-54	8/9	154	1:34:29	4:12	3:34:06	4:17
151	Gord Angeconeb	Dryden	ON	116/125	M45-49	12/12	143	1:28:33	3:57	3:36:51	4:21
152	Royden Potvin	Thunder Bay	ON	117/125	M55-59	21/23	151	1:31:28	4:04	3:37:27	4:21
153	Marva Sahs	Spooner	WI	36/38	F60-64	2/2	152	1:32:03	4:06	3:38:23	4:23
154	Bryan Heppler	Thunder Bay	ON	118/125	M55-59	22/23	146	1:29:52	4:00	3:39:06	4:23
155	Jevon Hagens	Thunder Bay	ON	119/125	M25-29	11/11	144	1:28:46	3:57	3:39:24	4:24
156	Alec Smith	Thunder Bay	ON	120/125	M30-34	9/9	156	1:36:32	4:18	3:44:08	4:29
157	Haari Meech	Marathon	ON	121/125	M50-54	28/30	160	1:42:48	4:35	3:55:07	4:43
158	James Shinnars	Grand Marais	MN	122/125	M55-59	23/23	158	1:39:24	4:26	3:55:53	4:44
159	Donald Skochinski	Thunder Bay	ON	123/125	M50-54	29/30	159	1:41:56	4:32	4:01:16	4:50
160	John Breen	Thunder Bay	ON	124/125	M50-54	30/30	157	1:36:57	4:19	4:05:23	4:55
161	Barb McGill	Marathon	ON	37/38	F50-54	9/9	161	1:44:57	4:40	4:19:57	5:12
162	John Ciosek	Thunder Bay	ON	125/125	M60-64	9/9	162	2:00:02	5:21	4:26:56	5:21
163	Patricia Filteau	Ottawa	ON	38/38	F55-59	2/2	163	2:33:45	6:50	6:15:16	7:31



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50 km Classic Results

PL	Name	City	Pr	Sex	Total	Division	Div	22.5 km split			finish time	overall pace
								Total	rank	time		
1	Cory Berg	Grand Marais	MN	1/31	M30-34	1/3	1	1:11:04	3:10	2:42:45	3:16	
2	Rena Viehbeck	Thunder Bay	ON	1/16	F25-29	1/3	3	1:16:36	3:25	2:59:37	3:36	
3	Matthew Schoales	Thunder Bay	ON	2/31	M19-24	1/1	2	1:14:30	3:19	3:00:51	3:38	
4	Marcia Migay	Thunder Bay	ON	2/16	F30-34	1/1	7	1:20:41	3:36	3:07:32	3:46	
5	John Alt	Grand Marais	MN	3/31	M50-54	1/6	5	1:19:37	3:33	3:08:13	3:46	
6	Clayton Parent	Edmonton	AB	4/31	M30-34	2/3	6	1:20:00	3:34	3:08:55	3:47	
7	Frank Luckai	Thunder Bay	ON	5/31	M50-54	2/6	4	1:18:27	3:30	3:09:34	3:48	
8	Sam Niemi	Thunder Bay	ON	6/31	M30-34	3/3	9	1:24:00	3:44	3:19:24	4:00	
9	Timothy Lederle	Grand Marais	MN	7/31	M45-49	1/5	8	1:23:42	3:44	3:26:45	4:09	
10	Ethan Johnson	Minneapolis	MN	8/31	M35-39	1/2	13	1:29:56	4:00	3:29:23	4:12	
11	Xena Huff	Minneapolis	MN	3/16	F40-44	1/2	12	1:29:54	4:00	3:29:23	4:12	
12	Gerald Hamm	Thunder Bay	ON	9/31	M45-49	2/5	10	1:26:28	3:51	3:31:02	4:14	
13	Gord Hamm	Morden	MB	10/31	M45-49	3/5	11	1:26:29	3:51	3:31:02	4:14	
14	Jim Crooks	Thunder Bay	ON	11/31	M55-59	1/8	15	1:30:31	4:02	3:38:15	4:22	
15	James Spence	Thunder Bay	ON	12/31	M50-54	3/6	16	1:30:37	4:02	3:38:17	4:22	
16	David Pringle	Sioux Lookou	ON	13/31	M50-54	4/6	21	1:34:23	4:12	3:39:01	4:23	
17	Jimmy Cameron	Thunder Bay	ON	14/31	M55-59	2/8	17	1:30:52	4:03	3:40:05	4:25	
18	Scott Read	Thunder Bay	ON	15/31	M25-29	1/1	20	1:34:20	4:12	3:45:04	4:31	
19	Ken Simi	Thunder Bay	ON	16/31	M45-49	4/5	14	1:30:02	4:01	3:45:12	4:31	
20	Lynn Crookham	Thunder Bay	ON	4/16	F45-49	1/2	18	1:34:08	4:12	3:46:33	4:32	
21	Susan Fabius	Thunder Bay	ON	5/16	F55-59	1/3	19	1:34:17	4:12	3:46:33	4:32	
22	Phil Carter	St Anne	MB	17/31	M60-64	1/3	25	1:41:22	4:31	3:56:14	4:44	
23	Jack Haggarty	Thunder Bay	ON	18/31	M45-49	5/5	22	1:34:39	4:13	3:57:30	4:45	
24	Eric North	Cable	WI	19/31	M35-39	2/2	23	1:39:08	4:25	4:02:22	4:51	
25	Reijo Peltoniemi	Thunder Bay	ON	20/31	M55-59	3/8	27	1:41:45	4:32	4:07:00	4:57	
26	Raimo Peltoniemi	South Porcup	ON	21/31	M55-59	4/8	28	1:42:11	4:33	4:07:00	4:57	
27	Nick Kanya-Forstne	Timmins	ON	22/31	M40-44	1/1	24	1:40:59	4:30	4:09:10	4:59	
28	Chris Hegg	Grand Marais	MN	23/31	M55-59	5/8	26	1:41:39	4:32	4:16:47	5:09	
29	Kim Carlsted-Gilli	Grand Marais	MN	6/16	F50-54	1/3	29	1:52:11	5:00	4:19:44	5:12	
30	Robin Reilly	Atikokan	ON	24/31	M50-54	5/6	31	1:54:51	5:07	4:26:02	5:20	
31	Perry Yoder	Ely	MN	25/31	M65-69	1/1	32	1:55:21	5:08	4:32:16	5:27	
32	Andrea Bell	Thunder Bay	ON	7/16	F25-29	2/3	30	1:54:15	5:05	4:45:32	5:43	
33	Sara Kalechstein	Thunder Bay	ON	8/16	F25-29	3/3	35	1:59:31	5:19	4:49:27	5:48	
34	Innes Martin	Thunder Bay	ON	26/31	M60-64	2/3	33	1:58:36	5:17	4:49:53	5:48	
35	Holly Haggarty	Thunder Bay	ON	9/16	F45-49	2/2	42	2:11:45	5:52	4:51:01	5:50	
36	Sharon Buehner	Sault Ste Ma	ON	10/16	F40-44	2/2	41	2:08:10	5:42	4:52:20	5:51	
37	Tuija Puiras	Thunder Bay	ON	11/16	F50-54	2/3	34	1:59:21	5:19	4:54:00	5:53	
38	Leila Metsaranta	Thunder Bay	ON	12/16	F60-64	1/1	36	1:59:42	5:20	4:54:03	5:53	
39	Martha Moon	Thunder Bay	ON	13/16	F19-24	1/1	37	2:00:26	5:22	4:58:15	5:58	
40	Eric Gunnell	Toronto	ON	27/31	M50-54	6/6	44	2:12:21	5:53	5:09:50	6:12	
41	Bryne Lamarche	Kaministiquia	ON	28/31	M55-59	6/8	39	2:04:12	5:32	5:11:12	6:14	
42	Chris Bailey	Thunder Bay	ON	29/31	M60-64	3/3	43	2:11:59	5:52	5:12:29	6:15	
43	Gail Lindsey	Thunder Bay	ON	14/16	F55-59	2/3	46	2:13:58	5:58	5:12:50	6:16	
44	Mike Groulx	Ajax	ON	30/31	M55-59	7/8	38	2:03:49	5:31	5:12:59	6:16	
45	Joan Panizza	Thunder Bay	ON	15/16	F50-54	3/3	40	2:06:56	5:39	5:20:37	6:25	
46	Mark Whitmore	Winnipeg	MB	31/31	M55-59	8/8	45	2:12:45	5:54	5:48:10	6:58	
47	Raia Meltzer	Hovland	MN	16/16	F55-59	3/3	47	2:25:12	6:28	5:54:20	7:06	



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Special Awards

Age Awards

10km – Youngest Skier Jakob Hollmann (2:40:32) 3 years

10km – Oldest Skier Seth Kerr (56:11) 84 years

20km – Youngest Skier Niklas Harkonen (1:37:02) 8 years

20km – Oldest Skier O.E. Olynyk (2:27:57) 84 years

Alf Petrone Award

Presented to the fastest skier in the 50km distance over the age of 7: Dwight Beavers (3:01:45)

Richard Irrgang Award

Presented to the fastest skier in the 50km distance between the ages of 60 and 70: Eero Vuorinen (2:40:33)

Fresh Air Experience School Award

Presented to the elementary, secondary, or post-secondary school with the highest number of kilometers skied by participating students and teachers. All distances can be included: Ecole Gron Morgan Public School (490km)

Richard Suttie Volunteer Award

John Bannister

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