

Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	F	0-9	1	Barbara Gunka	Thunder Bay	ON	1:03:10
			2	Stephanie Potter	Thunder Bay	ON	1:09:25
			3	Sarah Nixon	Thunder Bay	ON	1:15:04
			4	Elizabeth Arif	Atikokan	ON	1:20:49
			5	Ivana Vidjen	Thunder Bay	ON	1:29:12
			6	Sarah Hay	Thunder Bay	ON	1:32:10
			7	Rachel Stoot	Thunder Bay	ON	1:37:47
			8	Lili Strandberg	Thunder Bay	ON	1:43:54
			9	Camille Hamm	Thunder Bay	ON	1:46:46
			10	Mia Serratore	Thunder Bay	ON	1:54:36
			11	Nicole Lee-Mitchell	Thunder Bay	ON	1:56:57
			12	Allison Sauder	Thunder Bay	ON	2:01:18
			13	Elizabeth Beaney	Kakabeka	ON	2:06:56
			14	Shannon McKitrick	Thunder Bay	ON	2:14:21
			15	Brenna Randall	Thunder Bay	ON	2:16:11
			16	Dairyan Hardy	Thunder Bay	ON	2:16:24
			17	Emily Puumala	Thunder Bay	ON	2:16:26
			18	Haley Shipston	Thunder Bay	ON	2:16:27
			19	Riana Vidjen	Thunder Bay	ON	2:21:44
			20	Kira Harkonen	Thunder Bay	ON	2:24:43
			21	Lauren Fillmore	Thunder Bay	ON	2:25:49
			22	Megan Foster	Thunder Bay	ON	2:26:09
			23	Sadie White	Thunder Bay	ON	2:29:07
			24	Beatrice Kaiser	Thunder Bay	ON	2:34:28
			25	May Rachel	Duluth	MN	2:35:42
			26	Sonya Tarasuk	Thunder Bay	ON	2:35:48
			27	Katrina Fillmore	Thunder Bay	ON	2:50:17
10K	F	10-15	1	Lauren Stoot	Thunder Bay	ON	0:48:38
			2	Daphne Haggarty	Thunder Bay	ON	0:50:52
			3	Stephanie Drost	Thunder Bay	ON	0:51:00
			4	Alanna Hamilton	Thunder Bay	ON	0:51:46
			5	Hannah Grant	Thunder Bay	ON	0:53:09
			6	Alicia Janiec	Thunder Bay	ON	0:58:26
			7	Theresa Weber	Duluth	MN	0:59:22
			8	Jennifer Bucci	Duluth	MN	0:59:44
			9	Erin Pendziwol	Thunder Bay	ON	1:01:21
			10	Katie Armstrong	Thunder Bay	ON	1:01:24
			11	Krista Luckai	Thunder Bay	ON	1:01:25
			12	Meghan Mrowiec	Thunder Bay	ON	1:04:10
			13	Krista Somppi	Thunder Bay	ON	1:05:22
			14	Jennifer Hall	Thunder Bay	ON	1:16:10
			15	Marla Allard	Thunder Bay	ON	1:20:34
			16	Allison Budner	Thunder Bay	ON	1:20:54
			17	Michelle Krezonoski	Thunder Bay	ON	1:23:57
			18	Kim Krezonoski	Thunder Bay	ON	1:24:26
			19	Rebecca Harris	Thunder Bay	ON	1:24:34
			20	Britt Bailey	Thunder Bay	ON	1:24:34
			21	Alexandra Pentick	Thunder Bay	ON	1:28:54
			22	Alexandra Wrigley	Kakabeka	ON	1:34:22
			23	Sydney Evans	Silver Islet	ON	1:42:58
			24	Paulina Beaney	Thunder Bay	ON	1:58:02

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Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	F	10-15	25	Hannah Findlay-Lacourciere	Thunder Bay	ON	2:01:20
			26	Gillian Farrell	Thunder Bay	ON	2:15:53
			27	Elizabeth Harris	Thunder Bay	ON	2:15:58
10K	F	16-19	1	Tessa Peterson	Ely	MN	0:42:07
			2	Kely Baxter	Aurora	MN	0:52:42
			3	Emma Kempe	Thunder Bay	ON	0:53:39
			4	Ashley Wirth	Duluth	MN	0:57:09
			5	Heidi Butler	Hoyt Lakes	MN	0:57:53
			6	Jessica Lindholm	Duluth	MN	0:59:44
			7	Anna Ruthenbeck	Proctor	MN	1:16:51
			8	Adar Charlton	Thunder Bay	ON	1:16:59
			9	Lanna Carter	Thunder Bay	ON	1:25:35
			10	Stephanie Kurikka	Thunder Bay	ON	1:25:35
			11	Carolyn Danco	Atikokan	ON	1:26:42
			12	Sarah Poulin	Atikokan	ON	1:27:04
			13	Karen Luptak	Atikokan	ON	1:27:07
			14	Trisha Modeland	Atikokan	ON	1:34:02
10K	F	20-24	1	Melanie Muir	Thunder Bay	ON	0:57:00
			2	Staci Ahonen	Thunder Bay	ON	1:01:31
			3	Lindsay Bunce	Thunder Bay	ON	1:07:38
			4	Cristelle Gauthier	Thunder Bay	ON	1:43:45
			5	Sonal Zilka	Thunder Bay	ON	1:58:30
			6	Shayla Libin	Thunder Bay	ON	2:05:34
			7	Miriam Macleod	Thunder Bay	ON	2:15:28
10K	F	25-29	1	Carly Mutch	Toronto	ON	0:57:39
			2	Shannon MacLean	Thunder Bay	ON	1:23:39
			3	Carrie MacDonald	Thunder Bay	ON	1:28:48
			4	Stacey Deck	Thunder Bay	ON	1:30:57
			5	Marlo Anderson	Thunder Bay	ON	1:39:55
			6	Patty Belda	Thunder Bay	ON	1:42:20
			7	Denise Hardy	Thunder Bay	ON	2:16:23
10K	F	30-34	1	Karen Beaton	Thunder Bay	ON	1:17:44
			2	Alison Hart	Thunder Bay	ON	1:19:35
			3	Dalia Webster	Thunder Bay	ON	1:28:47
			4	Joanne Lacouriere	Thunder Bay	ON	2:01:18
			5	Karen Beaney	Kakabeka Falls	ON	2:06:57
			6	Tammy Harkonen	Thunder Bay	ON	2:24:44
			7	Abbigail May	Duluth	MN	2:35:45
10K	F	35-39	1	Barb Schumacher	Thunder Bay	ON	1:08:02
			2	Dorota Gunka	Thunder Bay	ON	1:16:31
			3	Michelle Dobbin	Rosspport	ON	1:21:52
			4	Sheena Albanese	Thunder Bay	ON	1:34:52
			5	Valerie Jensen	Thunder Bay	ON	1:40:30
			6	Ginette Roy	Thunder Bay	ON	1:46:47
			7	Monika Holenstein	Thunder Bay	ON	1:48:47
			8	Chris O'Shaughnessy-Start	Thunder Bay	ON	1:52:12
			9	Nathalie Bedard	Thunder Bay	ON	1:54:37
			10	Janine Chiasson	Thunder Bay	ON	2:02:28
			11	Beth Fairfield	Atikokan	ON	2:12:47
			12	Gail Paskey		ON	2:16:12
			13	Jill Tarasuk	Thunder Bay	ON	2:35:50
			14	Patricia Johnson	Thunder Bay	ON	2:48:10

Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	F	40-44	1	Jennifer Drost	Thunder Bay	ON	0:51:02
			2	Alexandra Willson	Thunder Bay	ON	1:08:26
			3	Teresa Socha	Thunder Bay	ON	1:09:26
			4	Helene Mercier-Day	Thunder Bay	ON	1:09:51
			5	Heather Foster	Thunder Bay	ON	1:23:33
			6	Helene Patterson	Thunder Bay	ON	1:26:17
			7	Jean Sramek	Duluth	MN	1:28:06
			8	Cathy Alex	Thunder Bay	ON	1:28:10
			9	Karen Arif	Atikokan	ON	1:30:16
			10	Susan Hay	Thunder Bay	ON	1:32:12
			11	Joanne Lagg	Thunder Bay	ON	1:37:31
			12	Geraldine Stoot	Thunder Bay	ON	1:37:48
			13	Elly Tose	Thunder Bay	ON	1:39:28
			14	Elisabeth Salmon	Thunder Bay	ON	1:43:08
			15	Lori Macsemchuk	Kakabeka	ON	1:46:09
			16	Laura Foster-Watson	Thunder Bay	ON	1:53:17
			17	Helen Sallans	Thunder Bay	ON	1:57:06
			18	Judy Sander	Thunder Bay	ON	2:03:44
			19	Cathy Paroschy Harris	Thunder Bay	ON	2:20:02
			20	Antonia Vidjen	Thunder Bay	ON	2:21:46
			21	Lana Bresele	Thunder Bay	ON	2:26:11
			10K	F	45-49	22	Tarja Shipston
1	Betsy Beveridge	Thunder Bay				ON	0:53:14
2	Nan Peterson	Thunder Bay				ON	1:00:42
3	Wanda Marshall	Babbitt				MN	1:03:49
4	Cheryl Mrowiec	Thunder Bay				ON	1:04:15
5	Deborah Mayotte	Thunder Bay				ON	1:05:24
6	Karen Bradley	Thunder Bay				ON	1:09:45
7	Sherri Budner	Thunder Bay				ON	1:17:50
8	Lori Kay	Thunder Bay				ON	1:19:51
9	Robyn Dumontier	Thunder Bay				ON	1:22:22
10	Marlene Kohar	Thunder Bay				ON	1:23:50
11	Corinne Krezonoski	Thunder Bay				ON	1:24:26
12	Janice Groulx	Thunder Bay				ON	1:25:23
13	Karen Douglas	Thunder Bay				ON	1:25:52
14	Laurie McMillan	Thunder Bay				ON	1:29:55
15	Beverly Hamilton	Thunder Bay				ON	1:30:18
16	Elsa Falkson	Thunder Bay				ON	1:40:25
17	Deborah Evans	Thunder Bay				ON	1:40:33
18	Carolyn Heistad	Duluth				MN	1:44:01
19	Karen Skochinski	Thunder Bay				ON	1:44:31
20	Tricia Taylor	Thunder Bay				ON	1:45:27
21	Daryll Bown	Thunder Bay				ON	1:52:05
22	Beth Hall	Duluth				MN	1:55:51
23	Joan Lee	Thunder Bay				ON	1:56:58
24	Mary Louise Hill	Thunder Bay				ON	1:57:28
25	Karen Cederwall	Kenora				ON	1:58:35
26	Siobhan Farrell	Thunder Bay				ON	2:20:21
27	Margaret Wanlin	Thunder Bay	ON	2:23:35			
10K	F	50-54	1	Carol Bruni	Thunder Bay	ON	1:02:32
			2	Sue Davies	Longlac	ON	1:04:20
			3	Margy Pedersen	Thunder Bay	ON	1:15:43
			4	Birdie Rafn	Rosspport	ON	1:21:49

Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	F	50-54	5	Janice Vauthier	Thunder Bay	ON	1:26:05
			6	Catherine Reilly	Atikoken	ON	1:31:11
			7	Louise Sawchuk	Atikokan	ON	1:32:30
			8	Carolyn Mowchan	Spooner	WI	1:48:23
			9	Helen Pierce	Thunder Bay	ON	1:50:39
10K	F	55-59	1	Linda O'Shaughnessy	Thunder Bay	ON	1:53:12
			2	Glenda Gregory	Dorion	ON	1:53:17
			3	Norma Maurice	Dorion	ON	1:55:16
			4	Barb Koppenhaver	Thunder Bay	ON	1:57:20
10K	F	60-64	1	Marjatta Makela	Thunder Bay	ON	1:34:08
			2	Liz Wieben	Vickers Heights	ON	1:35:09
			3	Pat Harris	Thunder Bay	ON	1:46:04
			4	Dorothy Edmond	Dorion	ON	1:53:14
			5	Nancy Post	Thunder Bay	ON	1:57:26
			6	Molly McKittrick	Thunder Bay	ON	2:14:26
10K	F	65-69	1	Shirley Johnson	Thunder Bay	ON	1:36:25
			2	Doreen Watson	Thunder Bay	ON	1:53:16
			3	Marilyn Friesen	Toronto	ON	1:59:26
			4	Sylvia Wagner	Thunder Bay	ON	2:24:39
10K	F	70-74	1	Louise Stoot	Thunder Bay	ON	1:27:01

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Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	M	0-9	1	Kieran Armstrong	Thunder Bay	ON	0:53:11
			2	Mathieu Day	Thunder Bay	ON	0:55:46
			3	Cameron Willson	Thunder Bay	ON	1:07:15
			4	Devin Bradley	Thunder Bay	ON	1:09:45
			5	Connor Sills	Thunder Bay	ON	1:10:17
			6	Julian Freitag	Thunder Bay	ON	1:10:48
			7	Damon Quinn	Thunder Bay	ON	1:11:40
			8	Antony Gunka	Thunder Bay	ON	1:16:31
			9	Gonn Randall	Thunder Bay	ON	1:17:17
			10	Angus Foster	Thunder Bay	ON	1:20:23
			11	Connor Bliss	Rosspport	ON	1:21:44
			12	Stuart Maclean	Thunder Bay	ON	1:22:57
			13	Andrew Potter	Thunder Bay	ON	1:24:56
			14	Fergus Foster	Thunder Bay	ON	1:40:27
			15	Toby Quinn	Thunder Bay	ON	1:43:07
			16	Ryan Pendziwol	Thunder Bay	ON	1:43:53
			17	Jeremy McCubbin	Thunder Bay	ON	1:53:03
			18	Eric Watson	Thunder Bay	ON	1:53:16
			19	Timothy Hollinger	Thunder Bay	ON	2:02:22
			20	Carter Morash	Thunder Bay	ON	2:02:28
			21	Isaac Sauder	Thunder Bay	ON	2:03:43
			22	Colin Lee-Mitchell	Thunder Bay	ON	2:21:34
			23	Nathan Hay	Thunder Bay	ON	2:21:38
			24	Michael Hyer	Thunder Bay	ON	2:23:34
			25	Kyle Shipston	Thunder Bay	ON	2:27:00
10K	M	10-15	1	Scott Sullivan	Thunder Bay	ON	0:37:33
			2	Nick Peterson	Ely	MN	0:42:40
			3	James Larson	Duluth	MN	0:42:43
			4	Gabe Viljakainen	Thunder Bay	ON	0:43:59
			5	Lachlan Armstrong	Thunder Bay	ON	0:44:00
			6	Peter Donars	Ely	MN	0:44:33
			7	Peter Schurke	Thunder Bay	ON	0:44:36
			8	Leon Haggarty	Thunder Bay	ON	0:50:56
			9	Jack Dacey	Thunder Bay	ON	0:51:54
			10	Travis Whiting	Aurora	MN	0:54:46
			11	Kellen Witschen	Aurora	MN	0:54:59
			12	Michael Kruse	Thunder Bay	ON	0:56:23
			13	Cam Nixon	Thunder Bay	ON	0:57:07
			14	Petri Bailey	Thunder Bay	ON	0:57:19
			15	Bob Carter	Coleraine	MN	0:57:36
			16	Conor Lee Kam	Thunder Bay	ON	0:58:44
			17	Brian Panizza	Thunder Bay	ON	0:59:21
			18	Kegan Harris	Thunder Bay	ON	1:00:38
			19	Andrew Ekman	Gilbert	MN	1:01:29
			20	James Gunka	Thunder Bay	ON	1:02:58
			21	Andrew Nixon	Thunder Bay	ON	1:03:29
			22	Greg Smith	Thunder Bay	ON	1:03:41
			23	Jeffery Budner	Thunder Bay	ON	1:03:47
			24	Jeff Cederwall	Kenora	ON	1:04:42
			25	Anton Vidjen	Thunder Bay	ON	1:15:18
			26	Morgan Harris	Thunder Bay	ON	1:18:22
			27	Jacob Baxter	Aurora	MN	1:20:44
			28	Matthew Webster	Thunder Bay	ON	1:30:57



Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	M	10-15	29	Michael Piovesana	Thunder Bay	ON	1:40:34
			30	Petar Vidjen	Thunder Bay	ON	1:47:26
			31	Denon Start	Thunder Bay	ON	1:52:11
			32	Peter Fairfield	Atikokan	ON	2:12:55
10K	M	16-19	1	Nick Polzin	Duluth	MN	0:45:04
			2	Neil Armstrong	Thunder Bay	ON	1:26:31
10K	M	20-24	1	Doran Libin	Thunder Bay	ON	2:05:36
10K	M	25-29	1	Tyler Hogan	Thunder Bay	ON	1:02:34
			2	Dan Currie	Thunder Bay	ON	1:37:56
10K	M	30-34	1	Michael ONesi	Thunder Bay	ON	1:13:09
			2	Pete Hollings	Thunder Bay	ON	1:27:03
10K	M	35-39	1	Carlos Christoffersen	Thunder Bay	ON	1:09:16
			2	Matthew Bliss	Rosspport	ON	1:21:37
			3	James Maclean	Thunder Bay	ON	1:22:29
			4	Patrick Morash	Thunder Bay	ON	2:02:29
			5	Mark Puumala	Thunder Bay	ON	2:16:28
			6	Darrell Hay	Thunder Bay	ON	2:21:38
10K	M	40-44	1	Dave Witschen	Aurora	MN	0:55:14
			2	Bob Robertson	Thunder Bay	ON	1:08:06
			3	Gavin Freitag	Thunder Bay	ON	1:10:48
			4	Allan Harris	Thunder Bay	ON	1:11:03
			5	Stephen Hilyard	Duluth	MN	1:15:28
			6	Bill Ostrom	Nolalu	ON	1:17:53
			7	Tom Potter	Thunder Bay	ON	1:24:59
			8	Conrad Falkson	Thunder Bay	ON	1:25:49
			9	Rob Purdon	Thunder Bay	ON	1:26:07
			10	Hugh Briggs	Thunder Bay	ON	1:26:55
			11	Bruce Sauder	Thunder Bay	ON	2:01:16
			12	Gerry Shipston	Thunder Bay	ON	2:16:25
			13	Peter White	Thunder Bay	ON	2:29:08
			14	Martin Kaiser	Thunder Bay	ON	2:34:29
10K	M	45-49	1	Jason Lappa	St Paul	MN	0:47:26
			2	David Muir	Thunder Bay	ON	1:06:00
			3	Grant Hall	Thunder Bay	ON	1:16:11
			4	John Baxter	Aurora	MN	1:20:24
			5	Randy Budner	Thunder Bay	ON	1:20:56
			6	George Pirie	Thunder Bay	ON	1:28:54
			7	Scott Hamilton	Thunder Bay	ON	1:35:50
			8	Daniel Filipovic	Thunder Bay	ON	1:37:38
			9	Phil Bode	Thunder Bay	ON	1:40:28
			10	Todd Evans	Silver Islet	ON	1:42:59
			11	Robert Strandberg	Thunder Bay	ON	1:44:02
			12	Dave St. Amand	Thunder Bay	ON	1:45:17
			13	Peter Hollinger	Thunder Bay	ON	2:02:24
			14	Don Mitchell	Thunder Bay	ON	2:21:35
			15	Gordon Fillmore	Thunder Bay	ON	2:25:48
10K	M	50-54	1	Bill Krezonoski	Thunder Bay	ON	1:24:28
			2	Will Mowchan	Spooner	WI	1:48:25
			3	George Holborn	Thunder Bay	ON	1:58:07
			4	Bryan Loop	Thunder Bay	ON	2:00:58
			5	Robert Edwards	Thunder Bay	ON	2:02:25



2004 Final Results

By Distance, Age and Sex

March 06, 2004

Distance	Sex	AgeGroup	Name	City	Prov	Time	
10K	M	55-59	1	Fred Wood	Thunder Bay	ON	0:46:52
			2	John Cosgrove	Thunder Bay	ON	1:06:28
			3	Larry Bunce	Bath	ON	1:31:06
10K	M	60-64	1	Craig McDonald	Burlington	ON	1:44:09
10K	M	65-69	1	Gerald Van Ginkel	Thunder Bay	ON	1:03:48
			2	David Friesen	Toronto	ON	1:59:26
10K	M	70-74	1	Herbert Stoot	Thunder Bay	ON	1:29:07
			2	Albert Wagner	Thunder Bay	ON	1:48:27

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Distance	Sex	AgeGroup	Name	City	Prov	Time
20K	F	0-9	1 Anne Marie McKittrick	Thunder Bay	ON	2:28:26
20K	F	10-15	1 Leah Kirchmann	Winnipeg	MB	1:09:38
			2 Stephanie LaFrance	Duluth	MN	1:10:02
			3 Katherine Hall	Thunder Bay	ON	1:11:12
			4 Annie Deutsch	Duluth	MN	1:12:34
			5 Kristin Eklin	Bovey	MN	1:16:11
			6 Morgan Reilly	Atikokan	ON	1:17:40
			7 Christina Groulx	Thunder Bay	ON	1:21:13
			8 Jessie Diggins	Afton	MN	1:34:00
			9 Shannon McMillan	Thunder Bay	ON	1:36:36
			10 Ellen Sobieck	Grand Marais	MN	1:39:13
			11 Kayla Hanson	Duluth	MN	1:45:14
			12 Moira Haggarty	Thunder Bay	ON	1:48:28
			13 Claire Skochinski	Thunder Bay	ON	1:51:49
			14 Sarah McKittrick	Thunder Bay	ON	2:07:18
			15 Bethany Kurvits	Marathon	ON	2:42:48
			16 Hanna Wainio	Kaministiquia	ON	2:54:07
20K	F	16-19	1 Ellen Anderson	Ely	MN	1:00:06
			2 Kelly O'Brien	Saginaw	MN	1:06:31
			3 Alexandra Gadawski	Winnipeg	MB	1:07:15
			4 Alex Eck	Proctor	MN	1:14:16
			5 Elizabeth Welsh	Duluth	MN	1:18:30
			6 Cassie Wirth	Duluth	MN	1:35:24
			7 Amanda Urban	Cloquet	MN	1:45:13
			8 Beth Kylander	Nipigon	ON	1:53:01
			9 Megan Sellick	Thunder Bay	ON	1:58:02
20K	F	20-24	1 Tara Redpath	Thunder Bay	ON	0:53:58
			2 Kerrie Fabius	Thunder Bay	ON	0:53:58
			3 Rena Bode	Thunder Bay	ON	0:58:10
			4 Estelle Pallvel	Thunder Bay	ON	1:00:25
			5 Leslie Bode	Thunder Bay	ON	1:03:28
			6 Meghan Corrigan	Thunder Bay	ON	1:18:44
			7 Amanda McMahan	Thunder Bay	ON	1:33:06
			8 Leah Gruhn	Duluth	MN	1:48:12
			9 Kathryn Burris	Thunder Bay	ON	1:50:38
			10 Lisle Terry	Thunder Bay	ON	2:22:30
			11 Aynsley Klassen	Thunder Bay	ON	2:28:10
			12 Kelly Wozniak	Thunder Bay	ON	2:28:10
20K	F	25-29	1 Rebecca Laakso	Thunder Bay	ON	0:51:47
			2 Joan Post	Victoria	BC	1:19:41
			3 Katherine Adamko	Thunder Bay	ON	1:24:29
			4 Marcie Chu	Thunder Bay	ON	1:27:08
			5 Alison Drietz	Bemidji	MN	1:31:36
			6 Alia Pfeiffer	Atikokan	ON	1:51:19
			7 Heather McKirdy	Marathon	ON	2:14:41
			8 Stephanie Hammond	Thunder Bay	ON	2:15:55
			9 Katherine Stewart	Thunder Bay	ON	2:15:57
			10 Julie Paget	Thunder Bay	ON	2:19:03
			11 Laura Campbell	Hamilton	ON	2:19:03
			12 Jenny MacLeod	Thunder Bay	ON	2:31:52
			13 Cheri Moreau	Thunder Bay	ON	2:43:22
			14 Jennifer Morrison	Thunder Bay	ON	2:54:50



Distance	Sex	AgeGroup	Name	City	Prov	Time	
20K	F	25-29	15	Karen Saunders	Thunder Bay	ON	2:54:59
			16	Lee Michelle	Thunder Bay	ON	2:55:02
20K	F	30-34	1	Lana Puumala	Atikokan	ON	1:11:35
			2	Jennifer Walton	Montreal	PQ	1:14:14
			3	Monique Davies	Thunder Bay	ON	1:15:38
			4	Karen Greenfield	Thunder Bay	ON	1:26:24
			5	Heather Albanese	Thunder Bay	ON	1:27:50
			6	Jennifer Lailey	Thunder Bay	ON	1:28:54
			7	Stephanie Block	Thunder Bay	ON	1:28:58
			8	Cheryl Cameron	Thunder Bay	ON	1:34:17
			9	Yana Simice	Thunder Bay	ON	1:48:48
			10	Andrea Stach	Thunder Bay	ON	2:01:14
			11	Julie Colbourn	Thunder Bay	ON	2:01:14
			12	Lisa Lind	Two Harbors	MN	2:15:29
			13	Laura Challen	Thunder Bay	ON	2:18:26
			14	Michelle McKitrick	Thunder Bay	ON	2:28:27
			15	Julie Boan	Thunder Bay	ON	2:34:43
			16	Megan Sheremata	Brooklyn	NY	2:54:00
20K	F	35-39	1	Gerianne Fedorowicz	Minneapolis	MN	1:23:34
			2	Deanne Lee	Thunder Bay	ON	1:30:30
			3	Yvonne Ahola	Thunder Bay	ON	1:32:14
			4	Karol Maclean	Thunder Bay	ON	1:36:39
			5	Lisa Primavesi	Nolalu	ON	1:55:18
			6	Jeri Graham	Sioux Lookout	ON	2:10:20
			7	Jackie Breiland	Thunder Bay	ON	2:12:46
			8	Penny Carpenter	Balmertown	ON	2:35:55
20K	F	40-44	1	Joyce Elder	Thunder Bay	ON	1:02:47
			2	Deb Diggins	Aftof	MN	1:05:46
			3	Karen Schuder	Duluth	MN	1:06:52
			4	Paula Field	Thunder Bay	ON	1:08:34
			5	Kelly Chisholm	Rosspoint	ON	1:14:06
			6	Jeannette Veneruz	Thunder Bay	ON	1:14:19
			7	Joanne Hallarn	Thunder Bay	ON	1:15:23
			8	Sherry-Lynn Hill	Thunder Bay	ON	1:17:33
			9	Marilyn Desserre	Atikokan	ON	1:19:09
			10	Daphne Mitchell	Thunder Bay	ON	1:19:45
			11	Maureen Adams	Thunder Bay	ON	1:22:37
			12	Holly Haggarty	Thunder Bay	ON	1:24:32
			13	Heather Spozak	Dryden	ON	1:29:30
			14	Kathryn Stajkowski	Thunder Bay	ON	1:32:22
			15	Elizabeth Pszczolko	Thunder Bay	ON	1:34:10
			16	Rose Bortolon	Thunder Bay	ON	1:34:38
			17	Christiane Leiwe	Thunder Bay	ON	1:36:50
			18	Joanna Fanney	Lodi	WI	1:37:23
			19	Jackie Piper	Thunder Bay	ON	1:39:11
			20	Theresa Henny	Murillo	ON	1:39:14
			21	Kim Ahola	Thunder Bay	ON	1:40:43
			22	Julie Sullivan	Thunder Bay	ON	1:48:21
			23	Pauline Osala	Nipigon	ON	1:54:26
			24	Celeste Lick	Dryden	ON	2:28:09
			25	Anne Ostrom	Nolalu	ON	2:34:45
			26	Judi Vinni	Kaministiquia	ON	2:54:10
20K	F	45-49	1	Judy Hall	Thunder Bay	ON	1:06:10



Distance	Sex	AgeGroup	Name	City	Prov	Time				
20K	F	45-49	2	Joyce Klees	Grand Marais	MN	1:11:47			
			3	Elaine Lynch	Thunder Bay	ON	1:16:07			
			4	Margaret Preus	Duluth	MN	1:23:01			
			5	Linda Killins	Thunder Bay	ON	1:26:15			
			6	Paula Bingeman	Thunder Bay	ON	1:26:18			
			7	Sue Gosselin	Marathon	ON	1:26:25			
			8	S Asiago	Thunder Bay	ON	1:27:30			
			9	Barbara Kemeny	Kaministiquia	ON	1:30:34			
			10	Cindy Tomcko	Coleraine	MN	1:31:38			
			11	Theresa Van Straten	Duluth	MN	1:33:52			
			12	Nancy Luckai	Thunder Bay	ON	1:36:34			
			13	Janis Nixon	Thunder Bay	ON	1:38:17			
			14	Susan Carlson	Thunder Bay	ON	1:45:48			
			15	Johanna Kavanagh	Thunder Bay	ON	1:45:55			
			16	Mary Labelle	Thunder Bay	ON	1:48:11			
			17	Janis Yahn	Thunder Bay	ON	1:53:20			
			18	Cheryl Kurikka	Thunder Bay	ON	1:57:15			
			19	Laurie Barabash	Thunder Bay	ON	1:58:15			
			20	Barbara McGill	Marathon	ON	2:01:26			
			21	Carolyn Carlson	Thunder Bay	ON	2:12:35			
			22	Cathy Schoales	Thunder Bay	ON	2:21:30			
			20K	F	50-54	23	Cynthia Easley	Lake Geneva	WI	2:35:33
						1	Susanne Bakken	Duluth	MN	1:15:35
2	Heather Moynihan	Thunder Bay				ON	1:19:30			
3	Jeanne Bourquin	Ely				MN	1:19:47			
4	Ruth Walton	London				ON	1:26:20			
5	Jocelyne Francis	Thunder Bay				ON	1:31:56			
6	Ritva Restall	Thunder Bay				ON	1:34:10			
7	Anne Redshaw	Grand Marais				MN	1:46:15			
8	Nancy Eaton	Thunder Bay				ON	1:51:11			
9	Anne Mettam	Thunder Bay				ON	1:51:59			
10	Raia Meltzer	Hovland				MN	1:53:02			
11	Deborah Breen	Thunder Bay				ON	1:54:43			
12	Wanda Ehrlich	Cedarburg				WI	1:56:15			
13	Del Crowley	Thunder Bay				ON	2:07:54			
14	Mary Jane Sorenson	Duluth				MN	2:09:31			
15	Joanne Hulse	Thunder Bay				ON	2:12:47			
16	Francine Lemiere	Corner Brook				NF	2:21:28			
17	Donna Zorzes	Thunder Bay				ON	2:36:22			
18	Ruth Schwantz	Marathon				ON	2:43:46			
19	Diane Skinner	Thunder Bay	ON	2:53:37						
20K	F	55-59	1	Nona Goertz	Grand Marais	MN	1:18:48			
			2	Iris Reynolds	Kaministikwia	ON	1:34:40			
			3	Marva Sahs	Spooner	WI	1:38:37			
			4	Wendy Jickling	Whitehorse	YK	1:40:29			
			5	Patricia Jokela	Thunder Bay	ON	1:45:53			
			6	Gerrie VanDuyin	Murillo	ON	1:56:13			
			7	Joyce Timpson	Sioux Lookout	ON	2:19:17			
			8	Leanna Bullock	Dryden	ON	2:28:07			
20K	F	60-64	1	Jan Inkster	Thunder Bay	ON	1:39:02			
			2	Madeline Creighton	Thunder Bay	ON	1:55:23			

Distance	Sex	AgeGroup	Name	City	Prov	Time	
20K	M	0-9	1	Nicholas Dumontier	Red Lake	ON	1:31:39
			2	Zachary Maclean	Thunder Bay	ON	1:36:34
			3	Colin Pendziwol	Thunder Bay	ON	1:36:37
			4	Evan Palmer-Charrette	Thunder Bay	ON	1:49:44
			5	Philip Luckai	Thunder Bay	ON	2:09:41
			6	Brady Harkonen	Thunder Bay	ON	2:44:35
20K	M	10-15	1	Adam Shultz	Ely	MN	0:53:10
			2	Ian Siemens	Winnipeg	MN	0:55:46
			3	Christopher Hamilton	Thunder Bay	ON	0:59:01
			4	Paul Benson	Winnipeg	MN	1:00:01
			5	Joe Weber	Duluth	MN	1:01:56
			6	Devin Ryan	Thunder Bay	ON	1:02:18
			7	Misha Kahn	Duluth	MN	1:04:59
			8	Tyler Houghton	Proctor	MN	1:05:54
			9	Eric Schwerdt	Duluth	MN	1:06:16
			10	Michael Somppi	Thunder Bay	ON	1:08:12
			11	Peter Espenson	Duluth	MN	1:10:43
			12	Alexander Skochinski	Thunder Bay	ON	1:11:12
			13	Myles Oliver	Thunder Bay	ON	1:16:15
			14	Greg Cederwall	Kenora	ON	1:17:17
			15	Travis Comeau	Murrillo	ON	1:17:18
			16	Isaac Poulin	Thunder Bay	ON	1:18:24
			17	Peter Tom	Thunder Bay	ON	1:23:20
			18	Taylor Lick	Dryden	ON	1:26:34
			19	Dudley Coulter	Marathon	ON	1:27:29
			20	Isaac Matthews	Thunder Bay	ON	1:28:13
			21	Kyle Palmer-Charrette	Thunder Bay	ON	1:31:15
			22	Jonathan Day	Thunder Bay	ON	1:31:18
			23	Calum Davies	Thunder Bay	ON	1:34:13
24	Ethan Patterson	Thunder Bay	ON	1:36:56			
25	David Tom	Thunder Bay	ON	1:43:51			
26	Evan Sills	Thunder Bay	ON	1:48:24			
27	Eric Wainio	Kaministiquia	ON	2:01:38			
28	Brandon Charlebois	Thunder Bay	ON	2:02:01			
29	Leith Reilly	Atikokan	ON	2:09:56			
30	Mathew Sellick	Thunder Bay	ON	2:10:36			
31	Ian Theis	Duluth	MN	2:18:43			
20K	M	16-19	1	Matthew Schoales	Thunder Bay	ON	0:53:57
			2	Jacob Teichroew	Mora	MN	0:58:10
			3	Shane Maley	Thunder Bay	ON	0:58:56
			4	Matthew Pavlik	Thunder Bay	ON	0:58:58
			5	Joseph Olson	Duluth	MN	1:01:55
			6	Tony Sorenson	Duluth	MN	1:06:07
			7	Joe Marana	Duluth	MN	1:06:10
			8	Jake Lockwood	Duluth	MN	1:06:31
			9	Joshua Robinson	Atikokan	ON	1:08:29
			10	Erik Bostrom	Mora	MN	1:09:52
			11	Mike Asmussen	Schreiber	ON	1:11:12
			12	Kyle Tingum	Mora	MN	1:12:01
			13	David Sokolowski	Thunder Bay	ON	1:14:05
			14	Jose Fazio	Thunder Bay	ON	1:15:02
			15	Matt Asmussen	Schriber	ON	1:34:09
			16	Alex Hegg	Grand Marais	MN	1:52:00

Distance	Sex	AgeGroup	Name	City	Prov	Time	
20K	M	20-24	1	Jeff Seguin	Thunder Bay	ON	0:47:21
			2	Sean Crooks	Canmore	AB	0:47:25
			3	Jamie Shippam	Thunder Bay	ON	1:07:14
			4	Michael Twigg	Thunder Bay	ON	1:24:23
			5	Andrew Williamson	Thunder Bay	ON	1:25:36
			6	Jonathon Taylor	Thunder Bay	ON	1:30:03
			7	Jeremy MacDonald	Bemidji	MN	1:35:36
20K	M	25-29	1	Dan Roycroft	Canmore	AB	0:46:49
			2	Phil Dopp	Thunder Bay	ON	1:04:08
			3	Geoff Hall	Kaministaqua	ON	1:04:30
			4	Jon Schiedel	Thunder Bay	ON	1:05:39
			5	Kent Keeler	Thunder Bay	ON	1:07:32
			6	Yeugeny Filanovsky	Thunder Bay	ON	1:09:53
			7	Alec Smith	Thunder Bay	ON	1:09:56
			8	Roger Slomke	Thunder Bay	ON	1:16:40
			9	Freddy Hortis	Thunder Bay	ON	1:17:47
			10	Chris Wilson	Thunder Bay	ON	1:18:37
			11	Chris Morwood	Thunder Bay	ON	1:19:13
			12	Jere Mohr	Duluth	MN	1:28:34
			13	Micheal Curry	Thunder Bay	ON	1:31:57
			14	Brian Rosina	Thunder Bay	ON	1:36:56
			15	Evan Mc caul	Thunder Bay	ON	1:58:17
20K	M	30-34	1	Devin Nielsen	Thunder Bay	ON	0:59:58
			2	Nick Wroblewski	Minneapolis	MN	1:04:45
			3	Carlo Sunila	Thunder Bay	ON	1:06:52
			4	Tim Taha	Thunder Bay	ON	1:10:23
			5	Kenneth Webster	Thunder Bay	ON	1:21:45
			6	Lei Chisholm	Thunder Bay	ON	1:38:06
			7	Ian Gill	Thunder Bay	ON	1:58:17
			8	Craig Betts	Thunder Bay	ON	2:18:27
20K	M	35-39	1	Scott Ferguson	Thunder Bay	ON	0:55:14
			2	Robert Kirchmann	Winnipeg	MB	0:58:59
			3	Sean Randall	Thunder Bay	ON	0:59:00
			4	Eric Chandler	Duluth	MN	1:05:00
			5	Brian Schenk	Thunder Bay	ON	1:06:49
			6	Michael T Lewis	St. Paul	MN	1:11:13
			7	Pat Charlebois	Thunder Bay	ON	1:13:19
			8	Don Nixon	Thunder Bay	ON	1:16:03
			9	Blaine Hill	Thunder Bay	ON	1:18:16
			10	Russ Desserre	Thunder Bay	ON	1:18:46
			11	Chris Serratore	Thunder Bay	ON	1:18:53
			12	Jeff Tilbury	Fort Frances	ON	1:19:15
			13	Jeff Hansen	Thunder Bay	ON	1:20:47
			14	Garth Tremblay	Thunder Bay	ON	1:21:45
			15	Kenneth Biniaris	Thunder Bay	ON	1:22:01
			16	Dion Berube	Marathon	ON	1:24:02
			17	Michael Siska	Thunder Bay	ON	1:29:14
			18	Michael Wilson	Thunder Bay	ON	1:29:25
			19	Richard Pendziwol	Thunder Bay	ON	1:36:38
			20	Greg Jensen	Thunder Bay	ON	1:53:18
			21	Allan McKitrick	Thunder Bay	ON	2:07:18
			22	Harold Harkonen	Thunder Bay	ON	2:44:35
			23	David Heegan	Cochonour	ON	2:44:59

Distance	Sex	AgeGroup	Name	City	Prov	Time	
20K	M	40-44	1	Janusz Gunka	Thunder Bay	ON	0:55:54
			2	Rob Roussel	Thunder Bay	ON	1:02:20
			3	Karl Tuomisto	Thunder Bay	ON	1:05:29
			4	Todd Kondrat	Thunder Bay	ON	1:06:43
			5	Mark Sokolowski	Thunder Bay	ON	1:06:52
			6	James Normand	Thunder Bay	ON	1:09:52
			7	Greg Wright	Grand Marais	MN	1:15:04
			8	Dave Wood	Thunder Bay	ON	1:15:44
			9	David Welbourne	Thunder Bay	ON	1:15:48
			10	Blake Cameron	Thunder Bay	ON	1:16:31
			11	Rick Hawryluk	Thunder Bay	ON	1:17:20
			12	Ken Simi	Thunder Bay	ON	1:17:49
			13	Andre Poulin	Thunder Bay	ON	1:18:24
			14	Julian Holenstein	Thunder Bay	ON	1:18:25
			15	George Dikun	Thunder Bay	ON	1:18:42
			16	David Stoot	Thunder Bay	ON	1:21:02
			17	Steve Kalibatas	Plymouth	MN	1:26:22
			18	Bill Day	Thunder Bay	ON	1:27:17
			19	Marty Patterson	Thunder Bay	ON	1:36:55
			20	Mark Piovesana	Thunder Bay	ON	1:50:59
			20K	M	45-49	21	Pete Wiedemann
1	James Hagen	Grand Rapids				MN	1:01:54
2	Jim Bailey	Thunder Bay				ON	1:03:30
3	Gordon Ryan	Thunder Bay				ON	1:04:01
4	Thomas Methot	Thunder Bay				ON	1:07:05
5	Tony Bygate	Thunder Bay				ON	1:08:39
6	Laurie Pudas	Thunder Bay				ON	1:09:33
7	Al Siemens	Winnipeg				MN	1:10:27
8	Kim Armstrong	Thunder Bay				ON	1:10:40
9	Dimitrios Vergidis	Thunder Bay				ON	1:10:54
10	Ralph Falcioni	Thunder Bay				ON	1:12:43
11	Ron Laverty	Sioux Lookout				ON	1:14:29
12	Scott Anderson	Ely				MN	1:14:52
13	Mike Harrow	Thunder Bay				ON	1:15:23
14	George Badanai	Thunder Bay				ON	1:18:28
15	Tim Sullivan	Thunder Bay				ON	1:18:31
16	Bert Viljakainen	Thunder Bay				ON	1:18:35
17	Elwood Taylor	Thunder Bay				ON	1:19:01
18	Jim Hamilton	Thunder Bay				ON	1:21:07
19	Robert Lemay	Thunder Bay				ON	1:21:16
20	David Campbell	Thunder Bay				ON	1:22:18
21	Garth Hamilton	Marathon				ON	1:23:34
22	Tim Carlson	Thunder Bay				ON	1:24:24
23	Brian Kurikka	Thunder Bay				ON	1:26:18
24	Ian Matthews	Thunder Bay				ON	1:27:00
25	Jim Ouray	Minnneapolis				MN	1:29:15
26	Jack Wagenaar	Thunder Bay				ON	1:30:29
27	Noel Dumontier	Red Lake				ON	1:31:40
28	Louis Bortolon	Thunder Bay				ON	1:32:13
29	John Breen	Thunder Bay				ON	1:34:07
30	Wayne Cederwall	Kenora				ON	1:37:15
31	Harvey Sobieck	Grand Marais				MN	1:39:13
32	Roy Nisula	Thunder Bay	ON	1:46:10			

Distance	Sex	AgeGroup	Name	City	Prov	Time				
20K	M	45-49	33	Aldo Ruberto	Thunder Bay	ON	1:47:58			
			34	Stephen T Exely	Thunder Bay	ON	1:49:27			
			35	Paul Charrette	Thunder Bay	ON	1:49:45			
			36	Patrick Barabash	Thunder Bay	ON	2:00:12			
			37	Robin Reilly	Atikokan	ON	2:09:56			
			38	Scott Sellick	Thunder Bay	ON	2:10:37			
			39	Jim Kirkpatrick	Thunder Bay	ON	2:11:45			
			40	Ronald Lee Kam	Thunder Bay	ON	2:16:09			
			41	Dan Theis	Duluth	MN	2:18:47			
			42	Joe Desroches	Thunder Bay	ON	2:43:44			
			20K	M	50-54	1	Ben Croft	Aurora	MN	0:58:57
						2	Bill Boyce	Thunder Bay	ON	1:01:32
3	Dale Fanney	Lodi				WI	1:08:37			
4	Erwin Butikofer	Thunder Bay				ON	1:09:21			
5	Tam Fryer	Thunder Bay				ON	1:10:03			
6	Ian Dennis	Thunder Bay				ON	1:12:31			
7	David Ahlquist	Rochester				MN	1:13:17			
8	Don Sovil	Ely				MN	1:15:16			
9	Bob Lindholm	Duluth				MN	1:17:22			
10	Neal Lundeen	Frederic				WI	1:17:54			
11	Walter Davis	Longlac				ON	1:18:21			
12	Brian Borich	Calgary				AB	1:18:29			
13	John Lanteigne	Red Rock				ON	1:18:35			
14	Jim Restall	Thunder Bay				ON	1:19:04			
15	Doug Flegel	Kakabeka				ON	1:20:47			
16	Martin Erdman	Thunder Bay				ON	1:22:04			
17	Derek Dool	Thunder Bay				ON	1:22:26			
18	Jim Sidlar	Vickers Heights				ON	1:22:46			
19	John Carson	Ignace				ON	1:24:25			
20	Jim Newman	Fort Frances				ON	1:24:29			
21	Gerald Graham	Thunder Bay	ON	1:24:31						
22	Charles Faust	Nipigon	ON	1:29:39						
23	Bob Jickling	Thunder Bay	ON	1:31:46						
24	Larry Watson	Nolalu	ON	1:34:16						
25	Sean Mundy	Thunder Bay	ON	1:34:59						
26	David Curtis	Thunder Bay	ON	1:41:43						
27	Jim Loppacher	Thunder Bay	ON	1:43:33						
28	Alex Millar	Thunder Bay	ON	1:51:17						
29	Fabio Zorzes	Thunder Bay	ON	2:01:37						
30	Gord Lemaistre	Kenora	ON	2:11:39						
31	Larry Diamond	International	MN	2:18:48						
20K	M	55-59	1	Bob Bradley	Thunder Bay	ON	0:58:11			
			2	Steve Lampman	Ely	MN	1:06:09			
			3	Victor Tschajka	Longlac	ON	1:08:54			
			4	Johan Bakken	Duluth	MN	1:09:38			
			5	Ray Koenig	Thunder Bay	ON	1:11:11			
			6	Keith Fawcett	Thunder Bay	ON	1:12:11			
			7	Douglas Mathews	Thunder Bay	ON	1:12:21			
			8	David Anderson	Thunder Bay	ON	1:13:32			
			9	Hank Makkinga	Thunder Bay	ON	1:15:14			
			10	Martin Innes	Thunder Bay	ON	1:18:42			
			11	Wayne Marshall	Babbitt	MN	1:19:01			
			12	Joseph Wasielewski	Thunder Bay	ON	1:22:20			

Distance	Sex	AgeGroup	Name	City	Prov	Time				
20K	M	55-59	13	Gary Johnson	Cumberland	WI	1:22:21			
			14	Gran Padano	Thunder Bay	ON	1:26:13			
			15	Clint Moen	Duluth	MN	1:26:38			
			16	Reino Viitala	Thunder Bay	ON	1:26:41			
			17	Thomas Trembath	Thunder Bay	ON	1:29:28			
			18	John G. Harris	Alexandria	MN	1:33:09			
			19	James Dekker	St. Catherine's	ON	1:33:59			
			20	David Brown	Thunder Bay	ON	1:42:23			
			21	Roy Richardson	Thunder Bay	ON	1:42:48			
			22	Arnold Devlin	Thunder Bay	ON	1:44:39			
			23	Arno Kahn	Duluth	MN	1:49:27			
			24	Rob Stinchcombe	Kaministikwia	ON	1:51:34			
			25	Robert B Yahn	Thunder Bay	ON	1:53:26			
			26	Robin Crowley	Thunder Bay	ON	2:02:18			
			27	George Sanderson	Marathon	ON	2:09:33			
			28	Bryon Stout	Thunder Bay	ON	2:11:44			
			29	David Hodder	Thunder Bay	ON	2:16:45			
			20K	M	60-64	1	Gord Arges	Thunder Bay	ON	1:11:21
						2	Herman LaBelle	Thunder Bay	ON	1:12:38
						3	John VanSickle	Thunder Bay	ON	1:28:10
						4	Martti Puumala	Thunder Bay	ON	1:50:02
						5	Lorne Welbourne	Schrieber	ON	1:59:32
						6	Peter Young	Thunder Bay	ON	2:01:35
						7	Jamie Graham	Corner Brook	NF	2:21:28
			20K	M	65-69	1	Dave Johnson	Vancouver	BC	2:22:54
						2	Jerry Frenette	Thunder Bay	ON	2:23:14
			20K	M	70-74	1	William Baldus	Rochester	MN	1:16:49
						2	Tom Hazenberg	Thunder Bay	ON	2:43:39
			20K	M	75-79	1	Seth Kerr	Thunder Bay	ON	2:04:53
2	O.E. Olynyk	Thunder Bay				ON	2:31:23			

Distance	Sex	AgeGroup	Name	City	Prov	Time
50K	F	10-15	1 Rose Thompson	Hovland	MN	3:05:06
50K	F	16-19	1 Bria Schurke	Ely	MN	2:39:10
50K	F	20-24	1 Kelly Henry	Thunder Bay	ON	3:00:11
50K	F	25-29	1 Jodi Maepea	Kaministiquia	ON	2:35:25
			2 Heather Hohenstein	Ely	MN	2:40:52
			3 Naomi Hummeny	Winnipeg	MB	2:57:02
			4 Kyia Malenkovich	St Cloud	MN	3:21:52
			5 Brandy Forsman	Duluth	MN	3:37:26
50K	F	30-34	1 Brook Latimer	Thunder Bay	ON	2:26:45
			2 Kristin Madsen	Winnipeg	MB	2:35:37
			3 Lynne Markham	Winnipeg	MB	2:56:55
			4 Sara Hollingsworth	Duluth	MN	3:00:12
			5 Marianne Stewart	Thunder Bay	ON	3:04:26
			6 Karin McSherry	Thunder Bay	ON	3:07:30
			7 Christine Bassler	Thunder Bay	ON	3:11:08
			8 Denise Taylor	Thunder Bay	ON	3:20:18
			9 Anne Flueckiger	Duluth	MN	3:27:19
			10 Nancy Parish	Thunder Bay	ON	3:34:44
			11 Julie Adams	Thunder Bay	ON	3:34:44
			12 Patty Chevalie	Thunder Bay	ON	5:01:43
50K	F	35-39	1 Nicola Willberforce	Thunder Bay	ON	2:39:33
			2 Bonnie Puumala	Thunder Bay	ON	2:50:53
			3 Maureen Page	Thunder Bay	ON	3:15:54
			4 Jacky Budweg	Decorah	IA	3:18:11
			5 Liisa Simi	Thunder Bay	ON	3:22:01
			6 Sarah Loponen	Thunder Bay	ON	3:56:16
50K	F	40-44	1 Deborah Sussex	Ely	MN	2:36:26
			2 Liz Inkila	Thunder Bay	ON	2:53:14
			3 Janice Watson-Ryan	Thunder Bay	ON	2:54:32
			4 Kay Lum	Madison	WI	3:08:01
			5 Lynn Crookham	Thunder Bay	ON	3:12:33
			6 Graziella Potvin	Thunder Bay	ON	3:12:54
			7 Kelly Summers	Grand Marais	MN	3:23:51
			8 Laura Budweg	Thunder Bay	ON	3:35:17
			9 Leah Loponen	Thunder Bay	ON	3:56:19
			10 Mary Ellen Smith	Murillo	ON	4:20:40
			11 Gayle Yee	Atikokan	ON	4:40:40
50K	F	45-49	1 Marlene Boersch	Winnipeg	MB	2:30:40
			2 Nancy Viljakainen	Thunder Bay	ON	2:47:31
			3 Danielle Papin	Winnipeg	MB	2:47:52
			4 Maren Hagen	Grand Rapids	MN	2:52:13
			5 Pam Dawes	Murillo	ON	2:53:49
			6 Paula Anderson	Ely	MN	2:54:07
			7 Alison McMullen	Thunder Bay	ON	3:01:29
			8 Debby Bocnuk	Virginia	MN	3:09:31
			9 Kathy Storozuk	Thunder Bay	ON	3:37:39
			10 Miriam Wall	Thunder Bay	ON	3:37:57
			11 Joan Panizza	Thunder Bay	ON	3:46:54
			12 Maureen Hayes	Grand Marais	MN	4:08:47
			13 Mary Carl	Thunder Bay	ON	4:18:20
			14 Tuija Puiras	Kaministiquia	ON	4:26:27

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2004 Final Results

By Distance, Age and Sex

March 06, 2004

Distance	Sex	AgeGroup	Name	City	Prov	Time	
50K	F	45-49	15	Kim Carlsted-Gillis	Grand Marais	MN	4:42:50
			16	Myra Lefkowitz	Toronto	ON	5:40:17
			17	Alex Lawson	Thunder Bay	ON	5:45:33
50K	F	50-54	1	Marilyn Franzen	Plymouth	MN	2:56:30
			2	Mia Schorpion	Winnipeg	MN	3:04:07
			3	Susan Fabius	Thunder Bay	ON	3:12:32
			4	Wendy Humphrey	Thunder Bay	ON	3:19:28
			5	Christine Storozuk	Thunder Bay	ON	3:30:06
			6	Randee Edmundson	Maplewood	MN	3:34:28
			7	Jan Coates	Winnipeg	MB	3:50:02
			8	Armigail Lindsey	Thunder Bay	ON	3:55:26
			9	Diane Kochendorfer	Minneapolis	MN	4:45:41
			10	Sophie Young	Thunder Bay	ON	5:16:58
50K	F	55-59	1	Maureen Ahokas	Thunder Bay	ON	3:15:23
			2	Connie Latimer	Thunder Bay	ON	3:33:55
			3	Angela Woodhouse-Wild	Nolalu	ON	3:57:03
			4	Ruth Pantry	Thunder Bay	ON	3:58:30
			5	Sally Croft	Aurora	MN	5:17:34
50K	F	70-74	1	Vi Turner	Thunder Bay	ON	4:42:51

Sunday, March 07, 2004

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Distance	Sex	AgeGroup	Name	City	Prov	Time
50K	M	10-15	1	Noah Prinsen	Grand Marais	MN 2:40:08
			2	Conner Harris	Thunder Bay	ON 4:27:17
50K	M	16-19	1	Fermoyle Kelly	Mendota	MN 2:20:54
			2	Tony Hegg	Grand Marais	MN 2:35:49
			3	Bill Hall	Duluth	MN 2:40:14
			4	Max Chmielewski	Bemidji	MN 3:05:23
50K	M	20-24	1	Andre Watt	Duluth	MN 2:03:02
			2	Riku Metsaranta	Thunder Bay	ON 2:03:08
			3	Jeffrey Cameron	Thunder Bay	ON 2:12:04
			4	Max Mogren	Winona	MN 2:14:01
			5	Donald Harris	Collegeville	MN 2:17:41
			6	Douglas Bolster	Thunder Bay	ON 2:24:22
			7	Ryan Lee	Lindstrom	MN 2:28:46
			8	Cody Carroll	Duluth	MN 2:39:39
			9	Bobby Greenaway	Thunder Bay	ON 3:12:32
			10	Scott Ewart	Thunder Bay	ON 3:12:46
			11	Nicholas Vienneau	Thunder Bay	ON 4:45:27
50K	M	25-29	1	Will Fitzgerald	Thunder Bay	ON 2:04:00
			2	Jussi Piranen	Thunder Bay	ON 2:11:59
			3	Todd Hohenstein	Ely	MN 2:20:59
			4	Jeff Moustgaard	Thunder Bay	ON 2:22:44
			5	Maurice Samm	Thunder Bay	ON 2:24:21
			6	Daniel Murray	Thunder Bay	ON 2:25:49
			7	Mike Weispfenning	Duluth	MN 2:29:30
			8	Sam Niemi	Thunder Bay	ON 2:30:49
			9	Adam Bailey	Thunder Bay	ON 2:32:30
			10	Cory Berg	Grand Marais	MN 2:33:54
			11	Dan McKeon	Bemidji	MN 2:42:08
			12	John Huston	Ely	MN 2:42:18
			13	Christopher Patey	London	ON 2:43:21
			14	Eric Bailey	Thunder Bay	ON 3:33:32
			15	Patrick Hummeny	Winnipeg	MB 3:51:06
			16	Shea Newnham	Thunder Bay	ON 4:42:01
50K	M	30-34	1	Bruce Bauer	Duluth	MN 2:03:00
			2	Brian May	Duluth	MN 2:04:16
			3	Kevin Paradis	South Gillies	ON 2:13:34
			4	Tyler Fish	Ely	MN 2:17:04
			5	Rodney Puumala	Thunder Bay	ON 2:26:45
			6	Jonathan Rova	Grand Marais	MN 2:33:10
			7	David Jorde	Grand Marais	MN 2:35:03
			8	James Dyker	Winnipeg	MB 2:35:05
			9	Mike Crook	Grand Marais	MN 2:36:48
			10	Peter Cameron	Thunder Bay	ON 2:40:13
			11	Olivier Doucet	Thunder Bay	ON 2:43:18
			12	John Hawkins	Thunder Bay	ON 2:44:03
			13	Kris Aubrey	Thunder Bay	ON 2:46:06
			14	Tom Maloney	Duluth	MN 2:46:57
			15	Jamie Puumala	Thunder Bay	ON 2:51:25
			16	Steve Kingston	Thunder Bay	ON 2:56:42
			17	Peter Cunniffe	Marathon	ON 3:04:57
			18	Kris H'Anderson	St Cloud	MN 3:06:53
			19	William Soderlind	Duluth	MN 3:47:49

Distance	Sex	AgeGroup	Name	City	Prov	Time	
50K	M	35-39	1	Werner Schwar	Thunder Bay	ON	2:03:03
			2	Bernie Lacourciere	Thunder Bay	ON	2:11:59
			3	Doug Olsen	Duluth	MN	2:23:16
			4	Bill Baldus	Minneapolis	MN	2:26:38
			5	Bruce Halvorson	Thunder Bay	ON	2:34:04
			6	Russell Peter Clark	Thunder Bay	ON	2:56:31
			7	Andrew Mackie	Montreal	PQ	2:59:08
			8	Sean Albenese	Thunder Bay	ON	3:27:54
			9	Stephen Scholten	Thunder Bay	ON	3:49:40
			10	Graydon Hazenberg	Thunder Bay	ON	4:39:13
50K	M	40-44	1	Micheal Dietzman	Ely	MN	2:13:20
			2	Paul Inkila	Thunder Bay	ON	2:17:52
			3	Jean-Christophe Vialaret	Thunder Bay	ON	2:18:29
			4	Clay Diggins	Afton	MN	2:22:46
			5	Matt Harrison	Duluth	MN	2:24:18
			6	John Bankson	Duluth	MN	2:34:18
			7	Gerald Hamm	Thunder Bay	ON	2:35:03
			8	Timothy Lederle	Grand Marais	MN	2:35:17
			9	Mark Nystrom	Apple Valley	MN	2:40:01
			10	Bryan McKenzie	St Paul	MN	2:41:32
			11	Timothy Le Roy	Wankesha	WI	2:42:18
			12	Paul Diedrich	Duluth	MN	2:49:44
			13	Mark Summers	Grand Marais	MN	2:53:35
			14	Lorne Molinsky	Rosspport	ON	2:57:28
			15	Andrew Hail	Thunder Bay	ON	3:00:59
			16	Brian Campbell	Red Rock	ON	3:13:59
			17	Dan Duckert	Thunder Bay	ON	3:15:16
			18	Paul Bureau	Thunder Bay	ON	3:15:18
			19	Frank Pollari	Thunder Bay	ON	3:17:39
			20	Scott Llewellyn	Ancaster	ON	3:25:25
			21	Jim Stewart	Thunder Bay	ON	3:29:54
			22	Morris Levy	Duluth	MN	3:37:52
			23	Claudio Tesolin	Thunder Bay	ON	3:39:33
			24	Jack Haggarty	Thunder Bay	ON	4:36:12
			25	John Bolt	Thunder Bay	ON	4:41:30
			26	Barry Denesiuk	Thunder Bay	ON	5:49:05
50K	M	45-49	1	Tony Carter	Coleraine	MN	2:21:02
			2	Ron Mahler	Thunder Bay	ON	2:23:01
			3	Mark Thomas	Thunder Bay	ON	2:23:54
			4	Peter Van Straten	Duluth	MN	2:24:44
			5	Kevin Willberforce	Thunder Bay	ON	2:30:06
			6	Henry Panizza	Thunder Bay	ON	2:32:44
			7	Duane Lee	Lindstrom	MN	2:33:04
			8	John Alt	Grand Marais	MN	2:33:29
			9	Frank Luckai	Thunder Bay	ON	2:34:17
			10	Peter Watson	Thunder Bay	ON	2:37:03
			11	Donald Willson	Thunder Bay	ON	2:38:48
			12	Reid Carter	Thunder Bay	ON	2:39:23
			13	Clayton Pavlik	Thunder Bay	ON	2:42:42
			14	James Groulx	Thunder Bay	ON	2:45:29
			15	Vern J. Spoozak	Dryden	ON	2:46:15
			16	Brent Bottomely	Winnipeg	MB	2:49:36
			17	James Spence	Thunder Bay	ON	2:51:01

Distance	Sex	AgeGroup	Name	City	Prov	Time				
50K	M	45-49	18	Brian Trendiak	Thunder Bay	ON	2:51:19			
			19	Bryan North	Thunder Bay	ON	2:52:15			
			20	John Sims	Thunder Bay	ON	2:52:31			
			21	William Ulakovic	Thunder Bay	ON	2:53:05			
			22	Seppo Osala	Nipigon	ON	2:53:48			
			23	Tom Ihala	Thunder Bay	ON	2:55:54			
			24	Mark Johnson	Baudette	MN	2:56:42			
			25	Ward Budweg	Decorah	IA	2:56:53			
			26	Michael Schmaltz	Stillwater	MN	2:59:04			
			27	Joe McGill	Marathon	ON	3:03:14			
			28	Lorne Morrow	Red Rock	ON	3:03:50			
			29	Grant Lindsey	Thunder Bay	ON	3:03:58			
			30	Daniel Sanville	White Bear	MN	3:09:16			
			31	David Pringle	Sioux Lookout	ON	3:09:28			
			32	Harry Lum	Madison	WI	3:11:58			
			33	Dan Bourget	Eau Claire	WI	3:12:17			
			34	Kevin Smith	Black River	WI	3:14:27			
			35	Barry Oliver	Thunder Bay	ON	3:14:43			
			36	Alistair Grant	Thunder Bay	ON	3:16:06			
			37	Gordon Skrecky	Marathon	ON	3:17:01			
			38	Steven Mason	Thunder Bay	ON	3:20:31			
			39	Edan Corcoran	Thunder Bay	ON	3:20:39			
			40	Vince Desando	Thunder Bay	ON	3:37:35			
			41	Randy Berg	Thunder Bay	ON	3:50:52			
			42	Wayne Johnson	Apple Valley	MN	3:54:46			
			43	Don Skochinski	Thunder Bay	ON	3:58:19			
			44	John Breadner	Kenora	ON	4:09:31			
			45	Pat Chadwick	Marathon	ON	4:18:16			
			46	Benno Kurvits	Marathon	ON	4:43:53			
			50K	M	50-54	1	Al Comeau	Murrillo	ON	2:26:38
						2	Matt Bratager	Cumberland	WI	2:27:48
						3	Eraldo Panizza	Thunder Bay	ON	2:35:08
						4	Willi Van Haren	Blue Mounds	WI	2:35:14
						5	Hilary Petrus	Thunder Bay	ON	2:39:21
						6	Tom Detzner	Loves Park	IL	2:41:22
						7	Larry Sochackey	Thunder Bay	ON	2:42:36
						8	Andy G. Dwilow	Winnipeg	MB	2:43:07
						9	Nick Makletzoff	Thunder Bay	ON	2:44:50
						10	Ted Chamut	Thunder Bay	ON	2:45:36
						11	Emir Vidsen	Thunder Bay	ON	2:45:57
						12	Fred Rayman	Ely	MN	2:46:36
						13	Alan Stewart	Winnipeg	MB	2:47:27
						14	Jim Crooks	Thunder Bay	ON	2:48:00
						15	Buck Benson	Grand Maris	MN	2:49:35
						16	Glen Sorenson	Duluth	MN	2:49:38
						17	Eugene Vandal	Thunder Bay	ON	2:53:29
18	Mac Davies	Thunder Bay				ON	2:54:42			
19	Paul Kajmowicz	Thunder Bay				ON	2:55:34			
20	Gordie Pedersen	Thunder Bay				ON	2:56:25			
21	Jim Dacey	Thunder Bay				ON	2:56:33			
22	Craig Bullock	Dryden				ON	2:58:09			
23	John Wood	Grand Marais				MN	2:58:58			
24	Ted Janiec	Thunder Bay				ON	3:02:06			



Distance	Sex	AgeGroup	Name	City	Prov	Time				
50K	M	50-54	25	Dan Ugray	Thunder Bay	ON	3:03:37			
			26	Fred Janzen	Thunder Bay	ON	3:03:46			
			27	Todd Roswald	Aurora	MN	3:07:52			
			28	John Hueston	Aylmer	ON	3:09:32			
			29	Jim Cameron	Thunder Bay	ON	3:09:46			
			30	Michael Cochran	Duluth	MN	3:12:42			
			31	Rod Fuchihara	Thunder Bay	ON	3:19:28			
			32	Iain Mettam	Thunder Bay	ON	3:19:52			
			33	Steve Casey	Minneapolis	MN	3:23:44			
			34	Royden Potvin	Thunder Bay	ON	3:23:57			
			35	Frank Hodder	Schreiber	ON	3:27:21			
			36	Bruce Muirhead	Thunder Bay	ON	3:28:10			
			37	Niels Carl	Thunder Bay	ON	3:46:50			
			38	Peter Mrowiec	Thunder Bay	ON	3:49:52			
			39	Bob Law	Vickers Heights	ON	4:02:05			
			40	Chris Hegg	Grand Marais	MN	4:02:05			
			41	William Climie	Marathon	ON	4:23:43			
			42	Mark Kochendorfer	Minneapolis	MN	4:32:28			
			50K	M	55-59	1	Brian Berry	Thunder Bay	ON	2:33:55
						2	Guy Latimer	Thunder Bay	ON	2:43:22
						3	Douglas Pantry	Thunder Bay	ON	2:53:46
						4	David Robb	Madison	WI	2:57:37
5	John Walton	London				ON	2:57:46			
6	Al Maddox	Thunder Bay				ON	2:59:24			
7	Brian Watzke	Waunakee				WI	3:00:30			
8	Ron Lappage	Thunder Bay				ON	3:00:55			
9	Allan Delong	Dryden				ON	3:06:23			
10	Brian Forsyth	Thunder Bay				ON	3:12:26			
11	Arnie Nurmi	Thunder Bay				ON	3:15:38			
12	John Twigg	Thunder Bay				ON	3:24:45			
13	Vern Hicks	Thunder Bay				ON	3:29:31			
14	Frank Wilson	Thunder Bay				ON	3:39:53			
15	Graham Stewart	Thunder Bay				ON	3:40:48			
16	John Ciosek	Thunder Bay				ON	3:56:43			
50K	M	60-64	1	Allan Lorne Campbell	Thunder Bay	ON	3:30:38			
			2	Bill Creighton	Thunder Bay	ON	4:14:32			
			3	Burt Carlsted-Gillis	Grand Marais	MN	4:42:49			
50K	M	65-69	1	Dwight Beavers	Mason City	IA	2:56:36			
50K	M	70-74	1	Irby Stewart	Thunder Bay	ON	3:37:19			
			2	Al Turner	Thunder Bay	ON	4:03:59			
50K	M	75-79	1	Donald Watson	Thunder Bay	ON	4:09:37			
50K	M	80+	1	Roy Carlsted	St. Paul	MN	3:51:22			