





Bib # \_\_\_\_\_



### March 6, 2010 Participant Waiver Form

IN CONSIDERATION OF Cross Country Canada (hereinafter called CCC), the Lake Superior Ski Division (hereinafter called the Host Division) and Thunder Bay Nordic Trails (hereinafter called the Host Club) accepting my entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, forever release, and forever discharge, CCC the Host Division and the Host Club, their executive directors, servants, agents, sponsors, supporters, employees or volunteers from any and all claims, demands, damages, costs (including solicitor and client costs on a full indemnity basis), actions or causes of actions, proceedings arising out of or in consequence of any loss, injury or damage which may arise by reason of negligence of CCC the Host Division and the Host Club, their servants, agents, sponsors, supporters, employees or volunteers.

Without limiting the generality of the foregoing, I further release any and all recourses which I may now or hereinafter have resulting from any decisions of CCC the Host Division and the Host Club.

In addition to the foregoing, I further waive any claims I might have in connection with any cancellation or rescheduling of the event for whatever reason.

I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the sport of cross country skiing, and that no physician or another qualified individual has advised me against participating in the sport. I further acknowledge and agree that it is my choice as to whether I will obtain a physical examination prior to participating in the event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the event, I hereby assume all risks associated with my participation.

I authorize and consent to the capture of my image by CCC, the Host Division, the Host Club, and the Ministry of Natural Resources/Ontario Parks staff and/or delegates and the subsequent use of any materials containing my name or image, and I release to CCC, the Host Division, the Host Club, and the Ministry of Natural Resources/Ontario Parks and all persons acting under authority from them any claims I might have due to the initial or subsequent use of such material.

By completing this Waiver of Liability with my signature below, I hereby agree to abide by the Rules and Regulations as set forth by CCC the Host Division and the Host Club, and to follow the instructions of the officials during the event.

#### ADULT PARTICIPANT RELEASE AND WAIVER

As a participant of the named activity, I have read and understand the contents and intent of the waiver:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Witness: \_\_\_\_\_

#### MINOR PARTICIPANT RELEASE AND WAIVER

As a parent or guardian of \_\_\_\_\_ who is under the age of majority (as applicable in the participants home province), I have read and understand the contents and intent of this waiver and accept its terms and conditions on behalf of \_\_\_\_\_ (participant name).

Name of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Witness: \_\_\_\_\_

#### Gold Sponsors:



#### Silver Sponsors:



#### Event Hotel:



#### Bronze Sponsors:

